

Personal information

Silviu-Andrei Matu

Born 2-nd of August, 1986

Education

- 2010 – 2013 – Ph.D. degree in Psychology, Doctoral School *Evidence-Based Assessment and Psychological Interventions*, Faculty of Psychology and Educational Sciences, Babeş-Bolyai University, Cluj-Napoca, with the distinction Summa Cum Laude, thesis title: *Emotion Regulation in Psychopathology: A Critical Analysis of Empirical Evidence, Cognitive Mechanisms, and Clinical Implications*, supervisor Daniel David, Ph.D.
- 2008 – 2010 – M.A. in Clinical Psychology, Psychological Counseling and Psychotherapy, Faculty of Psychology and Educational Sciences, Babeş-Bolyai University, Cluj-Napoca.
- 2005 – 2008 – B.A. in Psychology, Faculty of Psychology and Educational Sciences, University of Bucharest, Bucharest.

Professional experience

- October 2014 – Present – Researcher in the project Mobile System for Rehabilitative Vocal Assistance of Surgical Aphonia (SWARA), funded by the Executive Agency for Higher Education, Research, Development and Innovation Funding (UEFISCDI), Romania, Partnerships projects: PN-II-PT-PCCA-2013-4-1660, PI Daniel David, Ph.D., Babeş-Bolyai University, Cluj-Napoca.
- June 2014 – Present – Researcher in the project *Development of autonomous robot-assisted therapy for children with autism spectrum disorders (DREAM)*, Grant Agreement 611391, funded by the European Commission, 7th Framework Programme, PI Daniel David, Ph.D., Babeş-Bolyai University, Cluj-Napoca.
- January 2014 – May 2014 – Research assistant in the project *The efficacy of a web-based platform in the treatment of child anxiety (iDARE)*, funded by the Executive Agency for Higher Education, Research, Development and Innovation Funding (UEFISCDI), Romania, Partnerships projects: PN-II-PT-PCCA-2011-3.1-1500, PI Anca Dobrean, Ph.D., Babeş-Bolyai University, Cluj-Napoca.
- September 2013 – July 2013 – Long term expert in the project *Dezvoltarea emoțională și socială armonioasă a copiilor preșcolari care provin din medii dezavantajate în scopul prevenirii fenomenului de părăsire timpurie a școlii*, funded by the European Social Fund, POSDRU/91/2.2/S/59988, PI Daniel David, Babeş-Bolyai University, Cluj-Napoca.
- January 2012 – June 2013 – Research Assistant in the project *A Computational Distributed System to Support the Treatment of Patients with Major Depressive Disorder (Help4Mood)*,

funded by the European Commission, 7th Framework Programme: ICT-248765, PI Aurora Szentagotai, Ph.D., Babeş-Bolyai University, Cluj-Napoca.

- December 2011 – March 2013 – Research Assistant in the project *Exploring Robot Assisted Therapy for Children with ASD*, funded by the Executive Agency for Higher Education, Research, Development and Innovation Funding (UEFISCDI), Romania, IDEAS projects: PN-II-ID-PCE-2011-3-0484, PI Bram Vanderborght, Ph.D., Babeş-Bolyai University, Cluj-Napoca.

Publications

ISI articles:

1. David, D., **Matu, S. A.***, & David, O. A. (2014). Robot-Based Psychotherapy: Concepts Development, State of the Art, and New Directions. *International Journal of Cognitive Therapy*, 7(2), 192-210. doi: 10.1521/ijct.2014.7.2.192
2. David, O., & **Matu, S. A.** (2013). How to tell if managers are good coaches and how to help them improve during adversity? The managerial coaching assessment system and the rational managerial coaching program. *Journal of Cognitive and Behavioral Psychotherapies*, 13(2a),497-522.
3. David, D., **Matu, S. A.***, & David, O. A. (2013). New Directions in Virtual Reality-Based Therapy for Anxiety Disorders. *International Journal of Cognitive Therapy*, 6(2), 114-137. doi: 10.1521/ijct.2013.6.2.114
4. Cristea, I. A., **Matu, S.***, Szentagotai Tatar, A., & David, D. (2013). The other side of rumination: reflective pondering as a strategy for regulating emotions in social situations. *Anxiety, Stress, and Coping*, 26(5), 584-594. doi: 10.1080/10615806.2012.725469
5. David, O. A., **Matu, S. A.**, Pinteau, S., Cotet, C. D., & Nagy, D. (2014). Cognitive-Behavioral Processes Based on Using the ABC Analysis by Trainees' for Their Personal Development. *Journal of Rational-Emotive & Cognitive-Behavior Therapy*, 32(3), 198-215. doi: 10.1007/s10942-014-0189-0

Book chapters:

6. **Matu, S. A.**, Brăilean, A., (2011). Intervenții validate științifice în tulburarea de stres post-traumatic. în E. Avram (Ed.), *Psihologie sănătății*, (Vol. 5). București: Editura Universitară.
7. Brăilean, A., **Matu, S. A.**, (2009). Neurobiologia experienței hedonice în schizofrenie. În E. Avram (Ed.), *Neuroștiința Dizabilității*. București: Editura Universitară.
8. Avram, E., **Matu, S.** (2008). Structura și funcționalitatea încrederii organizaționale. În E. Avram, P. Shockley-Zalabak (Eds.), *Încrederea Organizațională – Trust: The Bedrock of Individual and Organizational Excellence*. București: Editura Universitară.

Articles published in extenso in ISI Proceedings:

9. Căndea, D. M., **Matu, S. A.**, & Szentagotai, A. (2014). Individual differences in shame-proneness and trait rumination as predictors of depressive symptoms. *Procedia – Social and Behavioral Sciences*, 127, 277-281. doi: 10.1016/j.sbspro.2014.03.255

BDI articles:

10. **Matu, S. A.**, Opriș, D., & David, D. (2012). Virtual reality technology applications in clinical field. *Revista de Neurologie și Psihiatrie a Copilului și Adolescentului din România*, 15(1), 23-30.

Translations:

11. Lord, C., Rutter, M., DiLavore, P., & Risi, S. (Authors). *Autism Disorder Observation Schedule (ADOS)*. Adapted in Romania by David, D. (coord.), Anton, A., Ștefan, S., Mogoșe, C., & **Matu, S. A.** (2010). *Manual ADOS: sistemul de evaluare diagnostică pentru autism*. București: Editura O.S.
12. Reynolds, W.M., & Kenneth, A.K. (autori). Hamilton Depression Inventory (HDI). Adaptat în România de către David, D. (coord.), Mogoșe, C., Iulia Grec, Haiăș, I.A., Matu, S., Nagy, D., Livinți, R. (2012). *Manualul tehnic al Inventarului Hamilton pentru Depresie*. București: Editura O.S.

Book reviews:

13. **Matu, S.** (2006). [Review of the book *Group Composition and Effectiveness*, de P. L. Curșeu]. *Revista de Psihologie Socială*, 18(2), 189-194.

Meeting abstracts published in proceedings:

14. Matu, S. A., Cristea, I., Coteș, C., Valenza, G., Gentili, C., Scilingo, E. P. & David, D. (2012). Are socially anxious individuals less empathic? A psychophysiological investigation of facial mimicry for emotional expressions. *International Journal of Psychophysiology* 85(3), 375-376.

Other publications (not indexed):

15. Moldovan, R., Musat-Cobeanu O., **Matu, S.**, & David, D. (2009). *Aplicații ale intervenției psihologice în penitenciar*. Report for the Penal Reform Foundation. <http://penalreform.ro>.