

PERSONAL INFORMATION

Diana Mirela Nechita (Cândea)



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WORK EXPERIENCE

06/2022–Present

Researcher

Faculty of Psychology and Educational Sciences, Babes-Bolyai University, Cluj-Napoca (Romania)

Project name: Schema Therapy for social anxiety and depressive symptoms - Going for the inner critic and the detached protector

Project code: PN-III-P1-1.1-TE-2021-1521

Project director: Simona Ștefan

Research study reviews

Research design

Data analysis

Literature review and manuscript writing

[Business or sector](#) Research and Education

09/2020–Present

Project Director

Faculty of Psychology and Educational Sciences, Babes-Bolyai University, Cluj-Napoca (Romania)

Project name: A naturalistic approach of shame in eating disorders: from experience sampling assessment to ecological momentary interventions

Project code: PN-III-P1-1.1-PD-2019-0706

Research design

Research implementation

Data analysis

Literature review and manuscript writing

Administrative activities

[Business or sector](#) Research and education

03/2021–Present

Research Assistant

Faculty of Psychology and Educational Sciences, Babes-Bolyai University, Cluj-Napoca (Romania)

Project name: Reducing the burden of loneliness: A cognitive-behavioral approach to mechanisms and intervention

Project code: PN-III-P4-ID-PCE-2020-2894

Project director: Aurora Szentagotai-Tatar

Research study reviews

Research design

Data analysis

Literature review and manuscript writing

[Business or sector](#) Research and Education

05/2018–04/2020

Project Director

Faculty of Psychology and Educational Sciences, Babes-Bolyai University, Cluj-Napoca (Romania)

Project name: Shame as a shared vulnerability factor: implications for eating disorders and social anxiety

Project code: PN-III-P1-1.1-PD-2016-1249

Research design

Research implementation

Data analysis

Literature review and manuscript writing

Administrative activities

Business or sector Research and education

10/2017–Present **Senior Assistant Professor**

Department of Clinical Psychology and Psychotherapy, Babeş-Bolyai University, Cluj-Napoca (Romania)

Teaching activities

Research activities

Administrative activities

Business or sector Research and Education

Aug 2017–Present **Research Assistant**

Faculty of Psychology and Educational Sciences, Babes-Bolyai University, Cluj-Napoca (Romania)

Project name: Coping with shame and guilt in borderline personality disorder. An emotion regulation perspective (SHAMED)

Project code: PN-III-P4-ID-PCE-2016-0864

Project director: Aurora Szentagotai-Tatar

Research study reviews

Research design

Data analysis

Literature review and manuscript writing

Business or sector Research and Education

Nov 2014–Sep 2017 **Research Assistant**

Faculty of Psychology and Educational Sciences, Babes-Bolyai University, Cluj-Napoca (Romania)

Project name: Promoting active aging – a computerized platform for cognitive training and rehabilitation (ActiveCORE)

Project code: PN-II-PT-PCCA-2013-4-1797

Project director: Aurora Szentagotai-Tatar

Research study reviews

Documenting cognitive tasks

Literature review and manuscript writing

Business or sector Research and Education

2014–Present **Clinical Psychologist and Psychotherapist**

“Babes-Bolyai – PsyTech” Psychological Clinic (certified by the Romanian Association of Cognitive and Behavioral Psychotherapies and Albert Ellis Institute, New York), Cluj-Napoca (Romania)

Psychological evaluation activities

Psychotherapy activities

Business or sector Psychotherapy services

May 2015–Nov 2015

Educational Expert

Babes Bolyai University, Cluj-Napoca (Romania)

Project name: Efficient, Individualized and Adaptive e-Learning for Long-Distance Teaching (e-LIADA)

Project code: POSDRU/156/1.2/G/133681

Project director: Adrian Alin Mihăilă

Writing and editing teaching materials

Evaluating curriculum improvement proposals

Business or sector Research and Education

Jul 2013–Jan 2014

Psychologist

Faculty of Psychology and Educational Sciences, Babes-Bolyai University, Cluj-Napoca (Romania)

Project name: Help4Mood: A computational distributed system to support the treatment of patients with major depression

Financing program: European Commission (FP7 Grant)

Project director: Aurora Szentagotai-Tatar

Participant selection

Monitoring and evaluation of study participants

Business or sector Research and Education

Jul 2012–May 2014

Scientific Program Team Coordinator

European Federation of Psychology Students' Associations

www.efpsa.org

Scientific Program Team Coordinator for the European Federation of Psychology Student's Associations Congress

Coordinating the activity of the Scientific Program team

Choosing the theme of the Scientific Program of the congress

Editing the list with possible speakers

Training activities

Contacting speakers and creating the scientific program

Evaluating student's abstracts and organizing the scientific papers sessions

Administrative tasks

Business or sector Student NGO

Sep 2011–Feb 2013

Junior Researcher

Open Minds - Center for Mental Health Research, Cluj-Napoca (Romania)

www.om-research.ro

Research design

Literature review

Grant proposal writing

Writing scientific journal articles

Collecting, processing and analyzing data
Preparing scientific and promotional materials
Administrative tasks
Training activities

Business or sector Research, NGO and Public Policy for mental health

Apr 2011–Apr 2012

President

Cognosis - The Federation of Psychology Student's Association in Romania
www.cognosis.ro

Coordination of the Board of Directors: planning and presiding meetings, elaborating the annual strategy and monitoring its implementation;

Representing Cognosis in its relation with third parties; during my mandate as president I succeeded in signing an agreement with the Romanian College of Psychologists, the body in charge for regulating professional activities in psychology (www.copsi.ro), agreement that ensures that students are informed and involved in decisions that are relevant for their professional development.

Developing and organizing training programs for the future Board of Directors' members;

Developing procedures and manuals meant to ensure knowledge transfer between members in the organization;

Mentoring project coordinators in the developing, financing and implementation of the Federation's projects and events;

Member of the organizing committee for the Psychology Students' National Congress - 1st edition, 2011.

Business or sector Student NGO

Apr 2010–Nov 2010

Vice President

Cognosis - The Federation of Psychology Student's Association in Romania
www.cognosis.ro

Mentoring, supervising and supporting the Project Coordinators;

Organizing the General Assemblies, Project Coordinator meetings and the Association's Presidents meetings;

Collaborating with the Board of Directors in the outlining and implementation of the Federation's Strategy

Business or sector Student NGO

Oct 2010–Jun 2011

Member of the PR Department

The Psychology Students' Association in Romania

Creating promotional materials;

Building a database with potential media partners;

Actively participating in the Association's meetings.

Business or sector Student NGO

Oct 2009–Jun 2010

Coordinator of the Training Department

The Psychology Students' Association in Romania

Creating the department's strategy;

Coordinating and presiding the meetings and activities within the department;

Organizing training sessions for the members of the association;

Creating a database with the training companies and other potential partners in Cluj-Napoca;

Creating the presentation materials for the department in order to attract partners from private training

and consultancy organizations;
Actively participating in the Board of Director's meetings;
Implementing the annual strategy of the Association.

Business or sector Student NGO

Apr 2009–Aug 2010 **Member of the organizing committee for the Cognosis Summer School (2009 and 2010 edition)**

Cognosis - The Federation of Psychology Student's Association in Romania
www.cognosis.ro

Collaborating in the creation of the Summer School's programs;
Contacting and coordinating with private therapists involved in the event;
Selecting, sorting and confirmation of enrolled participants;
Promoting the event;
Implementing the project.

Business or sector Student NGO

Oct 2008–Oct 2009 **Member of the HR Department**

The Psychology Students' Association in Romania

Actively participating in the Department's meetings;
Coordinating the "ASPR Volunteer's Gala";
Organizer of the Association's training program;
Organizer of the Junior's Ball;
Organizer of the Day of the Psychology and Education Sciences Faculty, 3rd edition;
Organizer of the Psychology Student's Conference, 2009 edition;

Business or sector Student NGO

EDUCATION AND TRAINING

10/2013–12/2016 **Doctoral studies in Psychology** EQF level 8

Evidence-Based Assessment and Psychological Interventions" Doctoral School, Faculty of Psychology and Educational Sciences, Babes-Bolyai University, Cluj-Napoca (Romania)

Scientific coordinator: Aurora Szentagotai;

Dissertation: Self-Conscious Emotions. The association between Shame, Guilt and Psychopathology

Mar 2015–May 2015 **Trainer Certificate** Continuous Professional Training Certificate

Babes-Bolyai University, Cluj-Napoca (Romania)

Planning, implementing and evaluating a training program;
Methods of non-formal education.

Oct 2011–Jun 2013 **Masters studies in Clinical Psychology, Psychological Counseling, and Psychotherapy** EQF level 7

Faculty of Psychology and Educational Sciences, Babes-Bolyai University, Cluj-Napoca (Romania)

Individual and group psychotherapies; Cognitive sciences; Advanced research methods; Clinical psychology; Positive psychology; Clinical neurosciences.

Oct 2009–Jun 2012 **Undergraduate studies in Advertising** EQF level 6

Faculty of Political, Administrative and Communication Sciences, Babes-Bolyai University, Cluj-Napoca (Romania)

Verbal and non-verbal communication techniques; Communication and public relations basic notions; Public communication; Advertising; Online advertising; Political advertising; Negotiation, mediation and decision processes;

Oct 2008–Jun 2011 **Undergraduate studies in Psychology** EQF level 6

Faculty of Psychology and Educational Sciences, Babes-Bolyai University, Cluj-Napoca (Romania)

General psychology; Experimental psychology; Psychodiagnosis; Developmental psychology; Health psychology; Cognitive psychology; Sociology; Social psychology; Clinical psychology; Organizational psychology; Workplace psychology; School psychology.

Sep 2004–Jun 2008 **High School Graduation Degree** EQF level 5

"Petru Rares" High School, Targu Lapus (Romania)

Professional Competence Degree in computer handling and medium-level computer programming; Mathematics; Computer Sciences; Physics; Chemistry;

C++ Programming, Oracle Database handling, Using the Microsoft Office Suite of Applications (Word, Excel, Access, PowerPoint).

PERSONAL SKILLS

Mother tongue(s) Romanian

Foreign language(s)

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
English	C1	C1	C1	C1	C1
French	B2	B2	B2	A2	B2

Levels: A1 and A2: Basic user - B1 and B2: Independent user - C1 and C2: Proficient user
[Common European Framework of Reference for Languages](http://www.cerl.eu/)

Communication skills Teamwork skills, that I have acquired as a member of HR and PR departments, Training Coordinator, Vice President and Chairman of Cognosis, as well as as a member of the project teams that I have been involved in.

Communication skills, gained from activities and presentations made as a volunteer and member of the Board of Directors within ASPR and Cognosis, as well as through participation in various personal development activities.

Negotiation skills that I have acquired as a member of the leadership office of student psychology organizations at local and national level.

Organisational / managerial skills

Organizational skills that I have acquired as a result of engaging in research projects and in the four years of volunteering. During this time, I participated in the organization of many events (eg. the National Student Conference on Psychology, the Cognosis Summer Schools, the National Congress of Students in Psychology).

I appreciate having leadership skills developed as a leader and department manager as well as participating in trainings on "Leadership" and "Project Management".

Job-related skills Programming in C ++, knowledge acquired during high school;

Graphic processing in Photoshop, Digital design in Illustrator and Indesign purchased through courses at the Faculty of Advertising;

Advanced user of the Statistical Program for Social Sciences (SPSS) through the skills acquired through the courses and activities of the Faculty of Psychology;

Working with Google services (Google Docs, Google Forms), used for producing materials for volunteer organizations.

Other skills **Digital skills**

PC operating, Advanced Office (Word, Excel, PowerPoint) acquired through creating and managing official documents for Cognosis and ASPR, as well as presentations for meetings and promotional materials;

Basic Oracle, Illustrator, and Indesign notions.

Artistic skills

During high school I was part of the theater circle of the Children's Club, acquiring skills in the field of art. I am passionate about the field of advertising, acquiring these competences through my studies in the field of Advertising.

Organizational and management skills

Organizational management skills that I have acquired during more than 4 years of volunteering.

Driving licence B

ADDITIONAL INFORMATION

Certifications Free Practice Certificate issued by the College of Psychologists in Romania in Clinical Psychology and Cognitive-Behavioral Psychotherapy

Certificate of rational-emotional and behavioral psychotherapy by Albert Ellis Institute, New York, USA

Courses

- Training "Project Writing", Cluj- Napoca, 2009 - Organizer ASPR;
- Workshop "Criminal Profiling - Psychological Assessment Techniques", Cluj-Napoca, April 2009;
- Workshop "Developing horse-driven leadership skills", Cluj-Napoca, April 2009;
- Workshop "Positive Psychotherapy", Cluj-Napoca, August 2009 - Cognosis Summer School;
- Workshop "Morenian Psihodrama", Cluj-Napoca, August 2009 - Cognosis Summer School;
- Workshop "Couple and Family Psychotherapy", August 2009 - Cognosis Summer School;
- Training Next HR, Arcalia, September 2009 - Organizer ANOSR;
- Training "Project Management", Timișoara, February 2010 - National Cognosis Training;
- Training "Student Representation", Timișoara, February 2010 - National Training;
- Workshop "Credit Agency for Students", Bucharest, February 2010 - Organizer ANOSR;
- Training "Personal Branding", Cluj-Napoca, March 2010 - Organizer ASPR;
- Workshop "Transactional Analysis", Poiana Zanelor, August 2010;
- Training "How to build the identity of an organization", Timisoara, March 2011, Training National Cognosis;
- Workshop "How to live your life in a mindful zone", Cluj-Napoca, September, 2011;
- Workshop "Psychological intervention in food disorders", Cluj-Napoca, September, 2011;
- Workshop "Remembering and Forgetting Trauma", Richard McNally, Ph.D. (Harvard University), Cluj-Napoca, Romania, 2011;
- Vocational Training "Modern Techniques of Cognitive and Behavioral Psychotherapies-The Third Wave of Cognitive Restructuring Techniques", Cluj-Napoca, November 2013;

- Training course "Introduction to Structural Equation Modeling using Mplus", Utrecht University, The Netherlands, July 2017;
- Mplus Course in Structural Equation Modeling-Longitudinal Data Analysis, Cambridge, UK, September 2017;
- Training course "Introduction to Multilevel Analysis", Utrecht University, Netherlands, July 2018.

Conferences

- Participant in the National Conference of Psychology, Iasi, 2010;
- Participant and organizer at the European Conference on Psychology of Health, Cluj-Napoca, 2010;
- Participant at the European Congress of Students in Psychology, Denmark, April 2012;
- Participant International Conference PSIWORLD, Bucharest, October 2013:
 - **Candea, D.M., Matu, S.A., & Szentagotai, A.** (2013). *Individual Differences in Shame Proneness and Trait Rumination as Predictors of Depressive Symptoms*, International Conference PSIWORLD, Bucharest, Romania;
- Participant at the 1st International Congress of Cognitive Behavioral Coaching, Cluj-Napoca, June 2014:
 - **1. Candea, D.M., Cotet, C.D., & Matu, S.A.** (2014). *Attitudes of Romanian CBT Professionals towards Cognitive Behavioral Coaching*, 1st International Congress of Cognitive Behavioral Coaching, Cluj-Napoca, Romania.
 - **2. Candea, D. M. & Szentagotai-Tatar, A.** (2014). *Self-conscious emotions and coaching alliance*, 1st International Congress of Cognitive Behavioral Coaching, Cluj-Napoca, Romania.
- Participant 45th Annual EABCT Congress CBT: A Road to Hope and Compassion for People in Conflict, Jerusalem, Israel, September 2015:
 - **Candea, D. M. & Szentagotai-Tatar, A.** (2015). *Regulating Self-Conscious Emotions: The Impact of Reappraisal and Rumination on Experimentally Induced Shame*, 45th Annual EABCT Congress CBT: A Road to Hope and Compassion for People in Conflict, Jerusalem, Israel.
- Participant with a paper at the 2nd International Congress of Cognitive-Behavioral Coaching, Athens, Greece, June 2016:
 - **Candea, D.M., Valenas, S.P., Cotet, C.D., & Matu, S.A.** (2016). *Attitudes of CBT professionals towards coaching*, 2nd International Congress of Cognitive Behavioral Coaching, Athens, Greece.
- Participant at 46th Annual EABCT Congress CBT: Stockholm, Sweden, September 2016:
 - **Candea, D.M., Miu, A.C. & Szentagotai-Tatar, A.** *Shame-proneness as a Significant Predictor of Social Anxiety Symptoms Above and beyond Classical Cognitive Constructs*, 46th Annual EABCT Congress CBT: Roots and Present Branches of CBT, Stockholm, Sweden;
- Participant at the International Convention of Psychological Science, Vienna, Austria, March 2017:
 - **Candea, D. M. & Szentagotai-Tatar, A.** (2015). *Regulation of Self-Conscious Emotions: The Impact of Reappraisal and Rumination on Experimentally Induced Shame*, International Convention of Psychological Science, Vienna, Austria;
- Participant in the 9th International Congress of Cognitive Psychotherapy, Cluj-Napoca, Romania, 29 June - 1 July 2017:
 - **Candea, D. M. & Szentagotai-Tatar, A.** (2017). *Cognitive reappraisal as an emotional regulation strategy for shame*, 9th International Congress of Cognitive Psychotherapy, Cluj-Napoca, Romania

Honours and awards

2014-2015 - Doctoral scholarship funded by OIPOSDRU MEN under the project POSDRU / 159 / 1.5 / S / 132400 entitled "Young successful scholars - professional development in an interdisciplinary and international context"

2012-2013 - Scientific performance scholarship offered by Babeş Bolyai University 2012-2013 - URSUS Scholarship "Students for the Community of Cluj"

2017 - Professor Bologna, awarded by the National Alliance of Student Organizations in Romania (ANOSR)

2017 - Ioan Radu Prize for Educational Excellence offered by the Department of Clinical Psychology and Psychotherapy, Faculty of Psychology and Education Sciences, Babeş-Bolyai University

Publications BOOKS (CO-AUTHOR)

1. **Cândea, D.**, Stefan, S., Matu, S., Mogoase, C., Iftene, F., David, D., & Szentagotai, A. (2018). *REBT in the Treatment of Subclinical and Clinical Depression*. Cham: Springer International Publishing.
2. Szentagotai-Tatar, A., David, D., Brustur, G. I., Burca, C., Cicodei, I., Popescu, M., Radu, E., **Cândea, D.** & Valenas, S. (2015). *Protocol clinic de grup pentru depresie destinat femeilor private de libertate*. Craiova: Sitech.

CHAPTERS:

1. David, D., Szentagotai, A., **Nechita, D.**, & Ştefan, S. (2022). Psychotherapy Models: A Historical Perspective. *Comprehensive Clinical Psychology*, 1-25. <https://doi.org/10.1016/b978-0-12-818697-8.00098-4>
2. Szentagotai-Tătar, A., Miu, A. C., **Nechita, D. M.**, & David, D. (2021). Rational Emotive Behavior Therapy and happiness. In W. Dryden (Ed.), *New Directions in Rational Emotive Behaviour Therapy* (pp. 142-160). Routledge
3. Szentagotai-Tătar, A., **Cândea, D.M.**, David, D.O. (2019). REBT and Positive Psychology. In Bernard M. & Dryden W. (Eds.), *Advances in REBT* (pp.246-266). Cham: Springer.
4. David, D., Cardoso, R., **Cândea, D.**, Oltean, H., Ştefan, S. (2019). REBT and Depressive Disorders. In Dryden W. & Bernard M. (Eds.), *REBT with Diverse Client Problems and Populations* (pp.23-44). Cham: Springer.
5. **Cândea, D.M.**, Ceclan, A., Cionca, S., & Szentagotai-Tătar, A. (2019). Self-Compassion and Mental Illness: A Review of Theoretical and Empirical Evidence. Part I. In Galiana L. & Sanso N. (Eds), *The Power of Compassion*. New York: Nova Science Publishers.
6. **Cândea, D.M.**, Ceclan, A., Cionca, S., & Szentagotai-Tătar, A. (2019). Self-Compassion and Mental Illness: A Review of Theoretical and Empirical Evidence. Part II. In Galiana L. & Sanso N. (Eds), *The Power of Compassion*. New York: Nova Science Publishers.
7. **Cândea, D.M** & Bud, S. (2019). Programe de intervenție pentru depresie. În V. Enea (Ed.), *Intervenții psihologice în școală. Manualul consilierului școlar*. (pp.265-275). Iași: Polirom
8. **Cândea, D. M.**, David, D. & Szentagotai-Tătar, A. (2018). Evidence-Based Psychological Interventions for Eating Disorders. In D. David, S. J. Lynn & G. H. Montgomery (Eds.), *Evidence-Based Psychotherapy: The State of the Science and Practice* (pp.189-218). New York: Wiley Blackwell.
9. **Cândea, D. M.**, & Szentagotai-Tătar, A. (2017). Evaluarea tulburărilor de anxietate. În V. Enea & I. Dafinoiu (Eds.), *Evaluarea psihologica. Manualul psihologului clinician* (pp.400-414). Iași: Polirom.
10. **Cândea, D. M.**, & Vălenas, S.P., & Szentagotai-Tătar, A. (2017). Altruismul. In A. Szentagotai-Tătar & D. David (Eds.), *Tratat de Psihologie Pozitivă* (pp. 111-127). Iași: Polirom.
11. **Cândea, D. M.** & Szentagotai-Tatar, A. (2014). Shame, Body Image and Eating Disorders: A conceptual and Empirical Map. In K. G Lockhart (ed.), *Psychology of Shame: New Research* (pp. 121-140). New York: Nova Science Publishers.

Publications ARTICLES (**ISI indexation, * BDI indexation)

1. **Crisan, S. M., & **Nechita, D. M.** (2021). Maladaptive emotion regulation strategies and trait anger as predictors of depression severity. *Clinical Psychology & Psychotherapy*. <https://doi.org/10.1002/cpp.2702>
2. **Cristea, I. A., & **Nechita, D. M.** (2021). Effective psychological interventions for relapse prevention in schizophrenia. *The Lancet. Psychiatry*. [https://doi.org/10.1016/s2215-0366\(21\)00351-5](https://doi.org/10.1016/s2215-0366(21)00351-5)
3. ****Nechita, D. M.**, Bud, S., & David, D. (2021). Shame and eating disorders symptoms: A meta-analysis. *International Journal of Eating Disorders*. <https://doi.org/10.1002/eat.23583>
4. **Miu, A. C., Szentagotai-Tătar, A., Balázs, R., **Nechita, D.**, Bunea, I., & Pollak, S. D. (2022). Emotion regulation as mediator between childhood adversity and psychopathology: A meta-analysis. *Clinical Psychology Review*, 102141. <https://doi.org/10.1016/j.cpr.2022.102141>

5. **Crisan, S., Canache, M., Buksa, D., & **Nechita, D.** (2022). A Comparison Between Self-compassion and Unconditional Self-acceptance: Interventions on Self-blame, Empathy, Shame-, Guilt-Proneness, and Performance. *Journal of Rational-Emotive & Cognitive-Behavior Therapy*, 1-17.
6. **Crisan, S. M., & **Nechita, D. M.** (2022). Maladaptive emotion regulation strategies and trait anger as predictors of depression severity. *Clinical Psychology & Psychotherapy*, 29(3), 1135-1143. <https://doi.org/10.1002/cpp.2702>
7. **Ceclan, A. A., & **Nechita, D. M.** (2021). The effects of self-compassion components on shame-proneness in individuals with depression: An exploratory study. *Clinical Psychology & Psychotherapy*. <https://doi.org/10.1002/cpp.2560>
8. ****Cândeia, D. M.**, & Szentágotai-Táatar, A. (2020). Cognitive Reappraisal as an Emotion Regulation Strategy for Shame: Comparing Self-Distancing to Changing Self-Evaluations. *International Journal of Cognitive Therapy*, 13(1), 42-53. doi: <https://doi.org/10.1007/s41811-019-00064-4>
9. **Prefit, A.B., **Cândeia, D.M.** & Szentágotai-Táatar, A. (2019). Effects of acceptance and reappraisal on body dissatisfaction: an experimental comparison of two adaptive emotion regulation strategies. *Eat Weight Disord.* <https://doi.org/10.1007/s40519-019-00691-y>
10. ** Prefit, A.B., **Cândeia, D.M.** & Szentágotai-Táatar, A. (2019). Emotion regulation across eating pathology: A meta-analysis. *Appetite*. 143:104438. doi: 10.1016/j.appet.2019.104438
11. ****Cândeia, D. M.**, & Szentágotai-Táatar, A. (2018). The Impact of Self-Compassion on Shame-Proneness in Social Anxiety. *Mindfulness* (9), 1816-1824. doi: 10.1007/s12671-018-0924-1
12. ****Cândeia, D. M.**, & Szentágotai-Táatar, A. (2018). Shame-proneness, guilt-proneness and anxiety symptoms: A meta-analysis. *Journal of Anxiety Disorders*, 58, 78-106. doi: 10.1016/j.janxdis.2018.07.005
13. **Căzănescu, D. G., Tecuta, L., **Cândeia, D.M.**, Szentágotai-Táatar, A. (2018). Savoring as Mediator Between Irrational Beliefs, Depression, and Joy. *Journal of Rational-Emotive & Cognitive-Behavior Therapy*. doi: 10.1007/s10942-018-0304-8
14. ****Cândeia, D. M.**, & Szentágotai-Táatar, A. (2016). Shame as a predictor of post-event rumination in social anxiety. *Cognition and Emotion*, 1-8. doi: [10.1080/02699931.2016.1243518](https://doi.org/10.1080/02699931.2016.1243518)
15. ****Cândeia, D.M.**, Cotet, C. D., & Matu, S. A (2016). Do Psychologists Offer Coaching Services? Preliminary Results from a Survey on CBT Practitioners. *Journal of Evidence-Based Psychotherapies*, 16(1), 57-66.
16. ***Cândeia, D. M.**, Cotet, C. D., Stefan, S., Valenas, S. P., & Szentágotai-Tatar, A. (2015). Computerized cognitive training for working memory in older adults: A review. *Transylvanian Journal of Psychology*, 16(2), 141-161.
17. **Szentágotai-Táatar, A., Chiş, A., Vulturar, R., Dobrean, A., **Cândeia, D. M.**, & Miu, A. C. (2015). Shame and Guilt-Proneness in Adolescents: Gene-Environment Interactions. *PLoS one*, 10(7), e0134716. doi: [10.1371/journal.pone.0134716](https://doi.org/10.1371/journal.pone.0134716)
18. ***Cândeia, D. M.**, & Szentágotai-Tatar, A. (2014). Does Shame-Proneness Enhance our Understanding of Social Anxiety beyond Classical Cognitive Constructs?. *Transylvanian Journal of Psychology*, 15(1), 33-47.
19. ****Cândeia, D. M.**, & Szentágotai, A. (2013). Shame and psychopathology: from research to clinical practice. *Journal of Cognitive and Behavioral Psychotherapies*, 13(1), 101-113.

7.07.2022