






PERSONAL INFORMATION

Anca Dobrean



 Republicii 37, 400015 Cluj-Napoca (Romania)
 0040-744438897  0040-264434141
 ancadobrean@psychology.ro
 <http://clinicalpsychology.psiedu.ubbcluj.ro/membrii-si-colaboratori/anca-dobrean/>

Sex Female | Date of birth 12/06/1974 | Nationality Romanian

WORK EXPERIENCE

- 2016–Present **Professor**
 Babes-Bolyai University, Faculty of Psychology and Educational Sciences, Department of Clinical Psychology and Psychotherapy
 Republicii 37, 400015 Cluj-Napoca (Romania)
Teaching, research and services (psychological assessment, clinical child psychology, clinical assessment)
- 2012–Present **Director, Department of Clinical Psychology and Psychotherapy, Faculty of Psychology and Educational Sciences, Babes-Bolyai University**
 Babes-Bolyai University
 Republicii 37, 400015 Cluj-Napoca (Romania)
 Management
- 2012–Present **President**
 Romanian Association of Cognitive and Behavioural Psychotherapies (APCCR)
 Management, accreditation of programs, national representative in the European Associations of Cognitive and Behavioural Psychotherapies
- 2012–Present **Clinical psychologist and psychotherapist**
 Babes-Bolyai University PSY-Tech Psychological Clinic
 Clinical assessment: cognitive and developmental testing using WISC-4, Denver, Raven Matrices, SON-R, ADOS, ADI-R, emotional and behavioural assessment for children, adolescent and families (ASEBA, BDI-II, CDI, SCARED), clinical interviews (SCID-IV, KID-SCID, SCID-5)
- 2019–2022 **APCCR Coordinator**
 Romanian Association of Cognitive and Behavioral Psychotherapies (APCCR)
 Management and partner director in the project - Profesori pregatiti - profesori motivati!105405 POCU/73/6/6/Îmbunătățirea competențelor personalului didactic din învățământul pre-universitar în vederea promovării unor servicii educaționale de calitate orientate pe nevoile elevilor și a unei școli incluzive
- 2012–Present **Board Member**
 The International Institute for the Advanced Studies of Psychotherapy and Applied Mental Health
 Research, grant administration, publication of reports and research data
- 2012–2022 **Member, Clinical Psychology Committee**
 Romanian Board of Psychologists, Cluj Branch
 Professional Certification
- 2012–2014 **Expert**
 AJOFM Cluj, Project POSDRU/160/2.1/S/141384, „Skills for Jobs”

EDUCATION AND TRAINING

- 2013–Present **Doctor Habil.**
Babes-Bolyai University, Cluj-Napoca (Romania)
Habilitation thesis on *Evidence based assessment of child and adolescent cognitive development and emotional and behavioural problems,*
- 2011–Present **Principal Clinical Psychologist**
Romanian Board of Psychologists, licence number 01674
Clinical assessment
- 2006–2007 **Postdoctoral Researcher**
The International Institute for the Advanced Studies of Psychotherapy and Applied Mental Health, Babes-Bolyai University
Evidence based assessment and intervention in child and adolescent mental health
- 2005–2008 **Rational Emotive and Cognitive Behavioral Psychotherapy Certification**
Asociația de Psihoterapii Cognitive și Comportamentale (APCCR), Cluj-Napoca (Romania)
Cognitive Behavioral Psychotherapy
- 1998–2004 **Doctor in Psychology (Ph.D)**
Babes-Bolyai University
Title of the thesis: *Assessment of ADHD in preschoolers*
- 1997–1998 **Master Diploma (MA)**
Grenoble II University, Grenoble (France)
Diplome d'etudes approfondies (Diplôme Universitaire)
Program: Social and Cognitive Psychology
- 1993–1997 **Bachelor - Psychology**
Faculty of History and Philosophy, Babes-Bolyai University
Psychology Diploma (University level)
- 1988–1993 **Baccalaureate Diploma**
Iosif-Vulcan High School, Oradea, Romania

PERSONAL SKILLS

Mother tongue(s) Romanian

Foreign language(s)

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
English	C2	C2	C1	C1	C1
French	B1	B1	B1	B1	B1

Levels: A1 and A2: Basic user - B1 and B2: Independent user - C1 and C2: Proficient user
Common European Framework of Reference for Languages - Self-assessment grid

Driving licence B

ADDITIONAL INFORMATION

PUBLICATIONS

Web of Science (January 2024)

Number of Citations Web of Science: 2768, Hirsch index: 24

International papers indexed in Web of Science:

2024

1. Kulcsár, V., **Dobrea, A.**, Poetar, C.-R., & Ivan, C. (2024). Is REBT Useful for Reducing Adolescents' Career Decision Difficulties and Distress? A Randomized Trial. *Journal of Career Development*, 0(0). <https://doi.org/10.1177/08948453241246715>
2. Balan, R., **Dobrea, A.**, & Poetar, C. R. (2024). Use of automated conversational agents in improving young population mental health: a scoping review. *NPJ Digital Medicine*, 7(1), 75. doi.org/10.1038/s41746-024-01072-1
3. Poetar, C. R., **Dobrea, A.**, & Andersson, G. (2024). Preliminary efficacy of a transdiagnostic parent-led internet-delivered intervention for children with anxiety and depressive symptoms: a pilot randomized controlled trial. *Child and Adolescent Psychiatry and Mental Health*, 18(1), 1-11.
4. Coşa, I. M., **Dobrea, A.**, & Balazsi, R. Measurement Invariance of the Lemmens Internet Gaming Disorder Scale-9 Across Age, Gender, and Respondents. *The Psychiatric Quarterly*. [10.1007/s11126-024-10066-x](https://doi.org/10.1007/s11126-024-10066-x).

2023

5. Poetar, C. R., **Dobrea, A.**, & Florea, I. S. (2023). Problematic Smartphone Use and Mental Health Problems: A Network Analysis of Romanian Adolescents. *Youth & Society*, 0044118X231218295.
6. Roman, G. D., **Dobrea, A.**, & Florea, I. S. (2023). Explaining the “parenting–callous-unemotional traits–antisocial behavior” axis in early adolescence: The role of affiliative reward. *Development and psychopathology*, 1-10.
7. Balan, R., **Dobrea, A.**, Balazsi, R., & Cordier, R. (2023). A latent profile analysis of emotional, behavioral, and social problems among victims of bullying. *Psychology in the Schools*, [10.1002/pits.22998](https://doi.org/10.1002/pits.22998)
8. Copeland, W., Ivanova, M., Achenbach, T., Turner, L., Tong, G., Ahmeti-Pronaj, A., **Dobrea, A.** . . . Zasepa, E. (2023). Cultural contributions to adults' self-rated mental health problems and strengths: 7 culture clusters, 28 societies, 16 906 adults. *Psychological Medicine*, 1-10. [doi:10.1017/S0033291723001332](https://doi.org/10.1017/S0033291723001332)
9. Păsărelu, C. R., David, D., **Dobrea, A.**, Noje, A., Roxana, Ş., & Predescu, E. (2023). ADHDCoach—a virtual clinic for parents of children with ADHD: Development and usability study. *Digital Health*, 9, 20552076231161963.
10. Păsărelu, C. R., Kertesz, R., & **Dobrea, A.** (2023). The Development and Usability of a Mobile App for Parents of Children with ADHD. *Children*, 10(1), 164.
11. David, D., Ştefan, S., Nechita, D., & **Dobrea, A.** (2023). A brief history of Romanian psychology. *Journal of the History of the Behavioral Sciences*, 59(1), 45-51.

2022

12. Coşa, I. M., **Dobrea, A.**, Georgescu, R. D., & Păsărelu, C. R. (2022). Parental behaviors associated with internet gaming disorder in children and adolescents: A quantitative meta-analysis. *Current Psychology*, 1-18.
13. Păsărelu, C. R., **Dobrea, A.**, Florea, I. S., & Predescu, E. (2022). Parental stress and child mental health: a network analysis of Romanian parents. *Current Psychology*, 1-13.
14. Florea, I. S., **Dobrea, A.**, & Roman, G. D. (2022). Early adolescents' perceptions of parenting practices and mental health problems: A network approach. *Journal of Family Psychology*, 36(3), 438.
15. Robe, A., **Dobrea, A.**, Balazsi, R., Georgescu, R. D., Păsărelu, C. R., & Predescu, E. (2022). Factor Structure and Measurement Invariance Across Age, Gender, and Clinical Status of the Screen for Children Anxiety Related Emotional Disorders. *European Journal of Psychological Assessment*, Advance online publication. <https://doi.org/10.1027/1015-5759/a000716>
16. Robe, A., & **Dobrea, A.** (2022). The effectiveness of a single session of mindfulness-based cognitive training on cardiac vagal control and core symptoms in children and adolescents with attention-deficit/hyperactivity disorder (ADHD): a preliminary randomized controlled trial. *European Child & Adolescent Psychiatry*, 1-10.
17. Florea, I.S., **Dobrea, A.**, Balazsi, R., Roşan, A., Păsărelu, C., Predescu, E., Rad, F. (2022). Measurement invariance of Alabama Parenting Questionnaire (APQ) across age, gender, clinical status, and informant, Assessment (IF:4.66)
18. Rescorla, L. A., Ivanova, M. Y., Achenbach, T. M., Almeida, V., Anafarta-Sendag, M., Bite, I., **Dobrea, A.** . . . & Zasepa, E. (2022). Older adult psychopathology: international comparisons of self-reports, collateral reports, and cross-informant agreement. *International Psychogeriatrics*, 34(5), 467-478.
19. Ivanova, M. Y., Achenbach, T. M., Turner, L., Almqvist, F., Begovac, I., Bilenberg, N., **Dobrea, A.** . . . & Žukauskienė, R. (2022). Effects of individual differences, society, and culture on youth-rated problems and strengths in 38 societies. *Journal of Child Psychology and Psychiatry*. <https://doi.org/10.1111/jcpp.13569> (IF:8.98)

2021

20. Păsărelu, C., **Dobrean, A***, Andersson, G., & Zaharie, G. (2021). Feasibility and clinical utility of a transdiagnostic Internet-delivered rational emotive and behavioral intervention for adolescents with anxiety and depressive disorders. *Internet Interventions*, 26.
21. Balan, R., **Dobrean, A***, & Balazsi, R. (2021). From Victims to Perpetrators of Bullying: The Role of Irrational Cognitions, Externalizing Problems, and Parental Attachment. *Journal of Interpersonal Violence*, 10.1177/08862605211043583 (IF:6.14)
22. Cristea, I. A., Balan, R., & **Dobrean, A.** (2021). Methodologic and Reporting Issues in Published Meta-analysis. *JAMA*, 175(6):643-644. doi:10.1001/jamapediatrics.2021.0010 (IF:16.193)
23. Robe, A., Păsărelu, C. R., & **Dobrean, A***. (2021). Exploring autonomic regulation in children with ADHD with and without comorbid anxiety disorder through three systematic levels of cardiac vagal control analysis: Rest, reactivity, and recovery. *Psychophysiology*, e13850. (IF:4.01)
24. Silaghi, C. A., Lozovanu, V., Georgescu, C. E., Georgescu, R. D., Susman, S., Năsui, B. A., **Dobrean, A** & Silaghi, H. (2021). Thyroseq v3, Afirma GSC, and microRNA Panels Versus Previous Molecular Tests in the Preoperative Diagnosis of Indeterminate Thyroid Nodules: A Systematic Review and Meta-Analysis. *Frontiers in endocrinology*, 12. I. 12:649522.doi: 10.3389/fendo.2021.649522 (IF: 5.555)
25. Georgescu, R. D., **Dobrean, A***, Silaghi, C. A., & Silaghi, H. (2021). A virtual reality-based intervention for surgical patients: study protocol of a randomized controlled trial. *Trials*, 22(1), 1-11. (IF: 2.279)
26. **Dobrean, A***, Păsărelu, C. R., Balazsi, R., & Predescu, E. (2021). Measurement Invariance of the ADHD Rating Scale–IV Home and School Versions Across Age, Gender, Clinical Status, and Informant. *Assessment*, 1073191119858421. (IF 3.19)

2020

27. Balan, R., **Dobrean, A.**, Balazsi, R., Parada, R. H., & Predescu, E. (2022). The adolescent peer relations instrument-bully/target: Measurement invariance across gender, age, and clinical status. *Journal of Interpersonal Violence*, 37(3-4), 1484-1513.
28. Păsărelu, C. R., Andersson, G., & **Dobrean, A.** (2020). Attention-deficit/hyperactivity disorder mobile apps: A systematic review. *International Journal of Medical Informatics*, 138, 104133.
29. David, D. O., Costescu, C. A., Matu, S., Szentagotai, A., & **Dobrean, A.** (2020). Effects of a Robot-Enhanced Intervention for Children With ASD on Teaching Turn-Taking Skills. *Journal of Educational Computing Research*, 0735633119830344.
30. Ivanova, M. Y., Achenbach, T. M., Rescorla, L. A., Turner, L. V., Dumas, J. A., Almeida, V., **Dobrean, A...** & Capps, J. W. (2020). The generalizability of Older Adult Self-Report (OASR) syndromes of psychopathology across 20 societies. *International Journal of Geriatric Psychiatry*.
31. Kulcsar, V., **Dobrean, A.**, & Gati, I. (2020). Challenges and difficulties in career decision making: Their causes, and their effects on the process and the decision. *Journal of Vocational Behavior*, 103346.(IF 3.38)
32. Kulcsár, V., **Dobrean, A.**, & Balázs, R. (2020). Does it Matter If I Am a Worrier? The Effect of Worry as a Moderator between Career Decision-Making Difficulties and Negative Dysfunctional Emotions. *Journal of Youth and Adolescence*, 1-16.(IF 3.26)

2019

33. **Dobrean, A.**, Păsărelu, C. R., Balazsi, R., & Predescu, E. (2019). Measurement Invariance of the ADHD Rating Scale–IV Home and School Versions Across Age, Gender, Clinical Status, and Informant. *Assessment*, 1073191119858421.(IF 3.19)
34. Robe, A., **Dobrean, A.**, Cristea, I. A., Păsărelu, C. R., & Predescu, E. (2019). Attention-Deficit/Hyperactivity Disorder and task-related heart rate variability: a systematic review and meta-analysis. *Neuroscience & Biobehavioral Reviews*. (IF 8.01)
35. Georgescu, R., Fodor, L. A., **Dobrean, A.**, & Cristea, I. A. (2019). Psychological interventions using virtual reality for pain associated with medical procedures: a systematic review and meta-analysis. *Psychological medicine*, 1-13.
36. Ivanova, M. Y., Achenbach, T. M., Rescorla, L. A., Guo, J., Althoff, R. R., Kan, K. J., **Dobrean, A.**, ... & da Rocha, M. M. (2019). Testing syndromes of psychopathology in parent and youth ratings across societies. *Journal of Clinical Child & Adolescent Psychology*, 48(4), 596-609.
37. Rescorla, L. A., Blumenfeld, M. C., Ivanova, M. Y., Achenbach, T. M., & International ASEBA Consortium. (2019). International comparisons of the dysregulation profile based on reports by parents, adolescents, and teachers. *Journal of Clinical Child & Adolescent Psychology*, 48(6), 866-880.
38. Rescorla, L. A., Given, C., Glynn, S., Ivanova, M. Y., Achenbach, T. M. & International ASEBA Consortium . (2019). International comparisons of autism spectrum disorder behaviors in preschoolers rated by parents and caregivers/teachers. *Autism*, 1362361319839151. 13. Rescorla, L. A., Genaro, B., Ivanova, M. Y., & International ASEBA Consortium. (2019). International Comparisons of Emotionally Reactive Problems in Preschoolers: CBCL/1½–5 Findings from 21 Societies. *Journal of Clinical Child & Adolescent Psychology*, 1-14.

39. Rescorla, L. A., Althoff, R. R., Ivanova, M. Y., & Achenbach, T. M. & International ASEBA Consortium (2019). Effects of society and culture on parents' ratings of children's mental health problems in 45 societies. *European Child & Adolescent Psychiatry*, 1-9. Rescorla, L. A.,

40. Adams, A., Ivanova, M. Y., & International ASEBA Consortium. (2019). The CBCL/1½-5's DSM-ASD Scale: Confirmatory Factor Analyses Across 24 Societies. *Journal of autism and developmental disorders*.

2018

41. Balan, R., **Dobrea, A.**, & Balazsi, R. (2018). Indirect effects of parental and peer attachment on bullying and victimization among adolescents: The role of negative automatic thoughts. *Aggressive behavior*; 44:561–570.

42. Păsărelu, C. R., & **Dobrea, A.** (2018). A video-based transdiagnostic REBT universal prevention program for internalizing problems in adolescents: study protocol of a cluster randomized controlled trial. *BMC psychiatry*, 18(1), 101.

43. David, D. O., Costescu, C. A., Matu, S., Szentagotai, A., & **Dobrea, A.** (2018). Developing Joint Attention for Children with Autism in Robot-Enhanced Therapy. *International Journal of Social Robotics*, 1-11.

44. Păsărelu, C. R., & **Dobrea, A.** (2018). An investigation of mediators for the relationship between parent mental health and adolescent problematic internet use: a cross-sectional study in Romanian adolescents. *Journal of Evidence-Based Psychotherapies*, 18(2), 97.

45. Georgescu, R., **Dobrea, A.**, & Predescu, E. (2018). Benefits of cognitive restructuring, acceptance and distraction for pain intensity and pain tolerance. *Journal of Evidence-Based Psychotherapies*, 18(2).

2017

46. Balan, R., **Dobrea, A.**, Roman, G. D., & Balazsi, R. (2017). Indirect Effects of Parenting Practices on Internalizing Problems among Adolescents: The Role of Expressive Suppression. *Journal of Child and Family Studies*, 26(1), 40-47.

47. Păsărelu, C. R., **Dobrea, A.**, Balazsi, R., Predescu, E., Şipos, R., & Lupu, V. (2017). The Penn State Worry Questionnaire for Children: Age, Gender and Clinical Invariance. *Child Psychiatry & Human Development*, 48(3), 359-369.

48. Pasarelu, C. R., **Dobrea, A.**, Balazsi, R., Podina, I. R., & Mogoase, C. (2017). INTERPRETATION BIASES IN THE INTERGENERATIONAL TRANSMISSION OF WORRY: A PATH ANALYSIS. *Journal of Evidence-Based Psychotherapies*, 17(1), 31.

49. Sucala, M., Cuijpers, P., Muench, F., Cardoso, R., Soflau, R., **Dobrea, A.**, ... & David, D. (2017). Anxiety: There is an app for that. A systematic review of anxiety apps. *Depression and anxiety*.

2016

50. Pasarelu, C., **Dobrea, A.**, Balazsi, R., Lupu, V., Predescu, E., Sipos, R., (2016). The Penn State Worry Questionnaire for Children: Age, Gender Clinical Invariance. *Child Psychiatry and Human Development*.

51. Podina, I. R., Mogoase, C., David, D., Szentagotai, A., & **Dobrea, A.** (2016). A Meta-Analysis on the Efficacy of Technology Mediated CBT for Anxious Children and Adolescents. *Journal of Rational-Emotive & Cognitive-Behavior Therapy*, 34(1), 31-50.

52. Iliescu, D., Ilie, A., Ispas, D., **Dobrea, A.**, & Cliniciu, A. I. (2016). Sex differences in intelligence: A multi-measure approach using nationally representative samples from Romania. *Intelligence*, 58, 54-61.

2015

53. Burt, S. A., Rescorla, L. A., Achenbach, T. M., Ivanova, M. Y., Almqvist, F., Begovac, I., **Dobrea, A.**... & Döpfner, M. (2015). The association between aggressive and non-aggressive antisocial problems as measured with the Achenbach System of Empirically Based Assessment: A study of 27,861 parent-adolescent dyads from 25 societies. *Personality and Individual Differences*, 85, 86-92.

54. **Dobrea, A.**, & Matu, S. (2015). Internationally Active, Visible, High Impact, and Eminent Romanian Psychologists. A Quantitative Analysis. *Journal of Evidence-Based Psychotherapies*, 15(1), 135.

55. Ivanova, M. Y., Achenbach, T. M., Rescorla, L. A., Turner, L. V., Ahmeti-Pronaj, A., Au, A., **Dobrea, A.** ... & Csemy, L. (2015). Syndromes of self-reported psychopathology for ages 18–59 in 29 societies. *Journal of psychopathology and behavioral assessment*, 37(2), 171-183.

56. Szentagotai-Tătar, A., Chiş, A., Vulturar, R., **Dobrea, A.**, Căndea, D. M., & Miu, A. C. (2015). Shame and Guilt-Proneness in Adolescents: Gene-Environment Interactions. *PloS one*, 10(7), e0134716.

2014

57. Butean, I., Costescu, C., & **Dobrea, A.** (2014). Differences between empathic responses in children with autism spectrum disorder and typically developing children. *Journal of Evidence-Based Psychotherapies*, 14(2).

58. David, O. A., David, D., & **Dobrea, A.** (2014). Efficacy of the Rational Positive Parenting Program for Child Externalizing Behavior: Can an Emotion-Regulation Enhanced Cognitive-Behavioral Parent Program Be More Effective Than a Standard One?. *Journal of Evidence-Based Psychotherapies*, 14(2), 159.

59. Miron, M. D., & **Dobrean, A.** (2014). "What is this, which i see?" a preliminary investigation of visual-spatial processing in romanian children with low IQ, learning and reading disorders. *Journal of Evidence-Based Psychotherapies*, 14(1).
60. Rescorla, L. A., Bochicchio, L., Achenbach, T. M., Ivanova, M. Y., Almqvist, F., Begovac, I., **Dobrean, A.**,... & Verhulst, F. C. (2014). Parent–Teacher Agreement on Children's Problems in 21 Societies. *Journal of Clinical Child & Adolescent Psychology*, 43(4), 627-642.
61. 36. Shahini, M., Rescorla, L. A., Ahmeti, A. P., Begovac, I., **Dobrean, A.**, Marković, J., ... & Zukauskienė, R. (2014). Parent-reported behavioural and emotional problems in Albanian Kosovar children. *Epidemiology and Psychiatric Science*, 4, 1-8.

2013

62. Mogoșe, C., Podină, I. R., Sucală, M., & **Dobrean, A.** (2013). Evaluating the unique contribution of irrational beliefs and negative bias interpretations in predicting child anxiety: implications for cognitive bias modification interventions. *Journal of Cognitive and Behavioral Psychotherapies*, (13).
63. Predescu, E., Șipos, R., **Dobrean, A.**, & Micluța, I. (2013). The discriminative power of the cbcl 1.5-5 between autism spectrum disorders and other psychiatric disorders. *Journal of Cognitive & Behavioral Psychotherapies*, 13(1).
64. Podină, I. R., Mogoșe, C., & **Dobrean, A.** (2013). Intergenerational transmission of anxiety: evidence for the mediating role of the negative interpretation bias. *Journal of Cognitive and Behavioral Psychotherapies*, (13), 309-320.
65. Rescorla, L. A., Ginzburg, S., Achenbach, T. M., Ivanova, M. Y., Almqvist, F., Begovac, I., **Dobrean, A.** ... & Verhulst, F. C. (2013). Cross-informant agreement between parent-reported and adolescent self-reported problems in 25 societies. *Journal of Clinical Child & Adolescent Psychology*, 42(2), 262-273.

2012

66. Tulbure, B., Szentagotai, A., **Dobrean, A.**, David, D. (2012). Evidence based clinical assessment of child and adolescent social phobia: A critical review of rating scales. *Child Psychiatry and Human Development*.
67. Rescorla, LA , Achenbach, TM , Ivanova, MY , ; Bilenberg, N , ; Bjarnadottir, G , ; Denner, S ; Dias, P ; **Dobrean, A.** ; Dopfner, M et al. (2012). Behavioral/emotional problems of preschoolers: Caregiver/teacher reports from 15 societies. *Journal of Emotional and Behavioral Disorders*, 20, 1-14.

2011

68. Rescorla, L.A., Achenbach, T.M., Ivanova M.Y., Harder, V.S, Otten L, Bilenberg, N., Bjarnadottir. G., Capron, C., De Pauw S.S., Dias, P., Dobrean A. et. al. (2011). International Comparisons of Behavioral and Emotional Problems in Preschool Children: Parents' Reports From 24 Societies. *Journal of Clinical Child And Adolescent Psychology*. Volume: 40, 3, 456-467.

2010

69. Sucală, M., Stefan, S., Macavei, B., **Dobrean, A.**, Bolno, J., Mironiuc, I. A., ... & David, D. (2010). Residual limb pain and distress in amputated patients. A brief report. *Journal of Cognitive & Behavioral Psychotherapies*, 10(2).
70. Ivanova, M., Achenbach, T.M., Rescorla, ... **Dobrean, A.**, Döpfner, M., et al (2010). Preschool Psychopathology Reported By Parents in 23 Societies, *Journal of the American Academy of Child and Adolescent Psychiatry*, 49, 12, 1215-1224.

2009

71. Anton, R., Opris, D., **Dobrean, A.**, David., D., Rizzo, A. (2009). Virtual reality in the rehabilitation of Attention Deficit - Hyperactivity Disorder. *Journal of Cognitive and Behavioral Psychotherapies*, vol IX, no 2, 235-246.

2007

72. Ivanova, M., **Dobrean, A.**, Dopfner, M., Erol, et al., (2007). Testing the 8-syndrome structure of the child behavior checklist in 30 societies, *Journal of Clinical Child and Adolescent Psychology*, 36 (3), 405 – 417.
73. Rescorla, L., Achenbach, T. M., Ivanova, M., Dumenci, L., A., ...Domuta, A., Döpfner, M., Erol, N., et al., (2007). Epidemiological Comparisons of Problems and Positive Qualities Reported by Adolescents in 24 Cultures, *Journal of Consulting and Clinical Psychology*, 75, 2, 351 – 358.
74. Rescorla, L., Achenbach, Th., Ivanova, M., Dumenci, L., **Dobrean, A.**, Döpfner, M., Erol, N., et al., (2007). Behavioral and Emotional Problems Reported by Parents of Children Ages 6 to 16 in 31 Societies. *Journal of Emotional and Behavioral Disorders*, 13 , 2007, 130 – 142.
75. Ivanova MY, Achenbach TM, Rescorla LA, Dumenci L, Almqvist F, Bilenberg N, Bird H, Broberg AG, Dobrean A, Döpfner M, Erol N, Fornis M, Hannesdottir H, Kanbayashi Y, Lambert MC, Leung P, Minaei A, Mulatu MS, et al., (2007). The generalizability of the Youth Self-Report syndrome structure in 23 societies. *Journal of Consulting and Clinical Psychology*, 75 (5), 729 – 738

76. Rescorla, L., Achenbach, T. M., Ginzburg, S., Ivanova M., Dumenci, L., A., Almqvist, F., Bathiche, M., Bilenberg, N., Bird, H., Domuta, A., Erol, N., et al., (2007). Consistency of Teachers-Reported Problem for Students in 21 Cultures , *School Psychology Review*, 36, 1 , 2007, 91 – 110.
77. Masha Y. Ivanova, Thomas M. Achenbach, Leslie A. Rescorla, Levent Dumenci, Fredrik Almqvist, Bathiche, M., Bilenberg, N., Bird, H., Domuta, A., Erol, N., Fombonne, N., Fonseca, A., Frigerio, A., et al (2007). Testing the Teacher's Report Form Syndromes in 20 Countries. *School Psychology Review*, 36, 3, 468-483

2002

78. David, D., Moore, M., & Domuta, A. (2002). Romanian psychology on the international psychological scene: A preliminary critical and empirical approach. *European Psychologist*, 7, 153-160.

International publications indexed in BDI

79. David, C., **Dobrean, A.**, & van Luit, J. H. (2015). Psychometric properties of Early Numeracy Test in Romanian language Preliminary data. *Erdelyi Pszichologiai Szemle= Transylvanian Journal of Psychology*, 16(1), 57.
80. David, D., **Dobrean, A.**, Pasarelu, C., Matu, S. A., & Comsa, M. (2015). The national psychological/intelligence profile of Romanians: An in depth analysis of the regional national intelligence profile of Romanians. *Erdelyi Pszichologiai Szemle= Transylvanian Journal of Psychology*, 16(2), 123.
81. Pasarelu, C. R., **Dobrean, A.**, Predescu, E., Sipos, R., & Lupu, V. (2015). Intergenerational transmission of worry a transdiagnostic factor in child internalizing symptomatology. *Romanian Journal of Child & Adolescent Psychiatry*, 3(1).
82. Pasarelu, C. R., & **Dobrean, A.** (2015). Child's negative automatic thoughts as a mediator in the relationship between mother's and child's social anxiety symptoms. *Erdelyi Pszichologiai Szemle= Transylvanian Journal of Psychology*, 16(2), 163.
83. Pantis, E., Robe, A., Pasarelu, C., **Dobrean, A.**, & Miclutia, I. (2015). Accuracy of the multidimensional anxiety scale for children as a screening tool for anxiety disorders. *Romanian Journal of Psychopharmacology*, 15, 185-195.
84. David, D., **Dobrean, A.**, Mogoșe, C., & Dobrescu, I. (2013). Screening for Autism in Romanian Population: An Initial Study Investigating the Clinical Utility of the Screening Questionnaire for Autism Spectrum Disorders (Chestionarul de Screening pentru Tulburări de Spectru Autist-CS-TSA). *Transylvanian Journal of Psychology*, 14(2).
85. David, D., & **Dobrean, A.** (2013). Commentary on 'Psychological therapies for the treatment of post-traumatic stress disorder in children and adolescents'. *Evidence-Based Child Health: A Cochrane Review Journal*, 8(3), 1117-1119.
86. Predescu, E., **Dobrean, A.**, Cristina, P. O. P., Miclutia, I., & Sipos, R. (2013). Cognitive Coping Strategies and Emotional Distress in Mothers of Children with Autism Spectrum Disorder. *Applied Medical Informatics*, 32(2), 14-21.
87. Beldean-Galea, I. E., Țigan, Ș. I., Cristian, S. T. A. N., & **Dobrean, A.** (2012). Efficacy Study of a Primary Intervention School Violence Program. *Applied Medical Informatics*, 31(3), 47-54
88. Coogan, A. N., **Dobrean, A.**, Donev, R. M., Mateescu, L., Müller, U., Thome, J., & Voinescu, B. I. (2012). Adult attention deficit hyperactivity disorder: translating research into practice. *ADHD Attention Deficit and Hyperactivity Disorders*, 4(1), 41-51.
89. Gavita, O. A., **Dobrean, A.**, & David, D. (2010). Placement Stability & Quality of Life in Foster Parents of Children Presenting Aggressive Behavior: Efficacy of a Cognitive-Behavioral Parent Program. *Revista de Asistență Socială*, 2, 159-169
90. Mironiuc, A., Mironiuc, C., **Dobrean, A.**, Stancu, B. (2008). Bioethical approach in vascular surgery. *Studia Universitatis Babeș-Bolyai, Psychologia-Paedagogia*, 2, 75-87
91. **Domuța, A.** (2004). Analiza deficitului de atenție și hiperactivitate la vârsta preșcolară pe baza metodei observației. *Cogniție, Creier, Comportament*
92. **Domuța, A.**, Crețiu, M. (2002). Memoria implicită perceptuală și conceptuală la copiii cu ADHD. In *Cogniție, Creier, Comportament*, vol. VI, nr. 1, martie
93. Benga, O., Domuta, A. (2000). Assessment of executive functions in childhood psychopathology, *Studia Universitatis*, 1.
94. **Domuța, A.** (1998). Gudjonsson Suggestibility Scale (Form 2); A Romanian study of reliability. *Studia Universitatis Babeș-Bolyai, Psychologia-Paedagogia*, 1-2, 83-87
95. **Domuța, A.** (1997). Un instrument de evaluare a sugestibilității interogative: Scala de sugestibilitate interogativă Gudjonsson 2 (An instrument for the assessment of the interrogative suggestibility Gudjonsson 2). *Cogniție, Creier, Comportament*, 3, 319-335

Books

96. David, D., **Dobrean, A.**, Gotiu, M. (2015). *Retman si Retmagia. Desene animate terapeutice.*
97. **Domuța, A.** (2005). *Evaluarea sindromului ADHD la vârsta preșcolară.* Casa Cărții de Știință, Cluj-Napoca
98. Domuta, A. J. Lebeer, A. Hansen, M. Roth, I. Szamoskozi, M. Cretiu (2004). *Educația cognitivă.* Editura Presa Universitara Clujeana
99. **Domuța, A.**, János, R., & Crețiu, M. (2004). *Solving Social Problems Related to Children.* Presa Universitară Clujeană

100. Domuta, A. M. Roth, R. Janos, M. Cretu.(2004). Rezolvarea problemelor sociale ale copiilor Editura Presa Universitara Clujeana.

Chapters in Books - International

101. David, D. O., DiGiuseppe, R., **Dobrean, A.**, Păsărelu, C. R., & Balazsi, R. (2019). The measurement of irrationality and rationality. In *Advances in REBT* (pp. 79-100). Springer, Cham.
102. **Dobrean, A.**, Păsărelu, C. R., Döpfner, M., David, D., Jay Lynn, S., & H Montgomery, G. (2018). Varieties of Psychotherapy for Attention-Deficit Hyperactivity Disorder. *Evidence-Based Psychotherapy: The State of the Science and Practice*, 435-22.
103. Cristea, I. A., Stefan, S., David, O., Mogoase, C., & **Dobrean, A.** (2016). General Overview. In *REBT in the Treatment of Anxiety Disorders in Children and Adults* (pp. 1-11). Springer International Publishing.
104. Cristea, I. A., Stefan, S., David, O., Mogoase, C., & **Dobrean, A.** (2016). Rational-Emotive and Cognitive-Behavior Therapy for Generalized Anxiety Disorder. In *REBT in the Treatment of Anxiety Disorders in Children and Adults* (pp. 15-30). Springer International Publishing.
105. Cristea, I. A., Stefan, S., David, O., Mogoase, C., & **Dobrean, A.** (2016). Rational-Emotive and Cognitive-Behavior Therapy Using Virtual Reality (RE&CBT-VR): A Short Protocol for Social Anxiety Disorder. In *REBT in the Treatment of Anxiety Disorders in Children and Adults* (pp. 31-48). Springer International Publishing.
106. Cristea, I. A., Stefan, S., David, O., Mogoase, C., & **Dobrean, A.** (2016). Rational-Emotive and Cognitive-Behavior Therapy (RE&BT) Treatment Protocol for Anxiety in Children and Adolescents. In *REBT in the Treatment of Anxiety Disorders in Children and Adults* (pp. 51-67). Springer International Publishing.
107. Cristea, I. A., Stefan, S., David, O., Mogoase, C., & **Dobrean, A.** (2016). Rational Stories for Children. A Rational Emotive Education Protocol for Approaching Anxiety in Children and Adolescents Based on the Stories Book *The Retmagic and Wonderful Adventures of Retman*. In *REBT in the Treatment of Anxiety Disorders in Children and Adults* (pp. 69-79). Springer International Publishing.
108. **Dobrean, A.**, Păsărelu, C. (2016). Impact of social media on social anxiety: a systematic review. In *Anxiety Disorders*, Intech Open.
109. Păsărelu, C., **Dobrean, A.** (2016). Parental involvement in remotely-delivered CBT interventions for anxiety problems in children and adolescents: a systematic review In *Anxiety Disorders*, Intech Open.
110. Cristea, I. A., Stefan, S., David, O., Mogoase, C., & **Dobrean, A.** (2015). *REBT in the Treatment of Anxiety Disorders in Children and Adults*. Springer International Publishing

Chapters in books - National

111. **Dobrean, A.**, Păsărelu, C. Bernard.,M. (2019). Educația Da, Poti, Reușești!, în Enea., (Ed.). *Intervenții psihologice în școală. Manualul consilierului școlar*. Editura Polirom. Iași.
112. **Dobrean, A.**, Păsărelu, C. (2019). Evaluarea elevilor : tipuri de instrumente si necesitatea cunoașterii DSM, în în Enea., (Ed.). *Intervenții psihologice în școală. Manualul consilierului școlar*. Editura Polirom. Iași.
113. **Dobrean, A.**, Păsărelu, C. (2017). Evaluarea funcționării intelectuale, în Enea, V. & Dafinoiu, I. (Eds.). *Evaluarea psihologică. Manualul psihologului clinician*. Editura Polirom. Iași.
114. **Dobrean, A.**, David, D. (2012). Adaptarea in limba romana a inventarului BDI-II, In Beck et al. 2012, *Inventarul de depresie BDI-II*, Editura RTS, Cluj-Napoca
115. **Dobrean, A.** (2012). Adaptarea in limba romana a scalei WISC-IV, In Wechsler, D. 2012, *Scala de inteligenta WISC-IV*, Editura RTS, Cluj-Napoca
116. **Dobrean, A.**, David, D., Sucală, M., Macavei, B. (2010). Elaborarea protocoalelor de psihodiagnostic și evaluare clinică. În Mironiuc, A. (ed.) *Ischemia citică aterosclerotică a membrelor inferioare. Protocoale de evaluare*. Casa Cărții de Știință. Cluj-Napoca.
117. Sucala, M., Igna, R., **Dobrean, A.**, Szentagotai, A., & David, D. (2010). Evaluarea si interventia psihologica în durerea din ischemia critica. În I. A. Mironiuc (Ed). *Ischemia critica aterosclerotică a membrelor inferioare. Ghid de diagnostic si tratament*. Cluj-Napoca: Casa Cartii de Stiinta.
118. **Dobrean, A.**, Tătaru, L., Bernard, M., (2009). Educația socială și emoțională a preșcolarilor. Prezentarea unui program inovativ de intervenție formativă. În Glava et. al., (eds). *Educația timpurie. Ghid metodic pentru aplicarea curriculum-ului prescolar*. Paralela 45, București.
119. **Dobrean, A.** (2009). Tulburarea de atenție și hiperactivitate la copii. Metode de evaluare și diagnostic. Cluj Napoca. Editura Casa Cărții de Știință.
120. **Dobrean, A.**, Raven, J., Comșa, M., Rusu, C. (2008). The Romanian Standardisation of the SPM Plus: Sample and General Results. În Raven, J. & Raven, J. (eds). *Uses and abuses of intelligence*, Royal Fireworks Press, Unionville, New York, USA
121. Bian, A., David D., **Dobrean A.**, Anton R., Cristea I., Sucala M. (2008). Rolul psihoterapiei in durerea postoperatorie a pacientilor amputati: implicatii pentru cresterea calitatii vietii, În Mironiuc I, (Ed), *Ischemia Critica Aterosclerotică a membrelor Inferioare*, Cluj-Napoca, Editura Casa Cărții de Știință, 153-164.
122. David, D., Iftene, F., **Dobrean A.**, (2008). *ADHD- resurse pentru educatori*. Cluj Napoca. Editura Sinapsis.

123. Domuta, A., Comsa, M., Raven, J., Raven, J.C., Prieler, J., & Gerhard, F, (2004). The 2003 Romanian Standardisation and Item Analysis of the SPM Plus. În J Raven, J. C. Raven, and J. H. Court (Ed): SPM Manual, Section 3. OPP: London.
124. **Domuta A.**, Vonas G. (2003). Manualul testului de Imagini mintale - transformari, în M. Miclea si A. Domuta (Ed.) Bateria de teste psihologice de aptitudini cognitive. Manual de utilizare. ASCR Press, Cluj-Napoca
125. **Domuta A.**, Vonas G. (2003). Manualul testului de Orientare spatiaala, în M. Miclea si A. Domuta (Ed.) Bateria de teste psihologice de aptitudini cognitive. Manual de utilizare. ASCR Press, Cluj-Napoca.
126. **Domuta A.**, Vonas G. (2003). Manualul testului de Generare de imagini, în M. Miclea si A. Domuta (Ed.) Bateria de teste psihologice de aptitudini cognitive. Manual de utilizare. ASCR Press, Cluj-Napoca
127. **Dobrea, A.** (2001). Considerations on children's psychological assessment process, În Benga, O., Miclea, M. (Eds.), Development and Cognition. Cluj-Napoca:University Press.
128. **Domuța, A.** (1998). Învățarea mediată. În David, D., Szamoskozi S., Holdevici, I., Băban, A. (Ed). Psihoterapie și hipnoterapie cognitiv-comportamentală. Cluj-Napoca: Editura Risoprint.

Psychological tests adaptations

129. Brickenkamp, R. (2012). Testul de atenție concentrate d2. Editura RTS: Cluj-Napoca. Coordonarea adaptării testului in limba română.
130. Wechsler, D. (2012). Scala de Inteligență Wechsler pentru Copii – ediția a patra – WISC-IV. Editura RTS: Cluj-Napoca. Coordonarea adaptării testului in limba română.
131. Beck, A. T., Steer, R. A., Brown, G. K. (2012). Inventarul de depresie Beck, Editura RTS: Cluj-Napoca. Coordonarea adaptării testului in limba română.
132. Achenbach, T. M., Rescorla, L. (2012). Sistemul Achenbach Al Evaluării Bazate Empiric (ASEBA). Editura RTS: Cluj-Napoca. Coordonarea adaptării testului in limba română.
133. J. Raven, J. C. Raven, J. H. Court. (2006). Matrici Progresive Avansate. Editura RTS: Cluj-Napoca. Coordonarea adaptării testului in limba română.
134. J. Raven, J. C. Raven, J. H. Court. (2005). Matrici Progresive Color. Editura RTS: Cluj-Napoca. Coordonarea adaptării testului in limba română
135. J. Raven, J. C. Raven, J. H. Court (2004). Matrici Progresive Standard, Editura RTS: Cluj-Napoca. Coordonarea adaptării testului in limba română.

Projects Director (research projects)

1. PN-III-P4-ID-PCE-2020-2417 - Mecanisme ale victimizarii in bullying: profile specifice si psihoterapie personalizata online – Director proiect: Prof. dr. Anca Dobrea (2021-2023)
2. PN-III-P4-ID-PCE-2016-0861 - Contract nr. 146 din 12/07/2017, Testarea eficientei unei interventii trasdiagnostice REBT online pentru reducerea problemelor de internalizare la adolescenti. Director proiect: Prof. dr. Anca Dobrea (2017-2019)
3. PN-II-PT-PCCA-2011-3.1-1500, 81/2012, Eficiența unei platforme web in tratamentul anxietatii la copii (iDARE). Director proiect: Conf. dr. Anca Dobrea (2012-2017)
4. Phare. Training parental pentru probleme comportamentale hipekinetice și opozant – agresive ale copiilor . 73.888 RON.
5. CEE-MeDc (ET) Predictorii familiali ai achizitiei limbajului si a problemelor emotional comportamentale intre 18 luni si 6 ani, 2006-2008.

Member (research projects)

1. Education for Care - EDUCARE, 527360-LLP-2012-IT-GRUNDTVIG-GMP, (2012-2014) Director proiect: Prof. dr. Daniel David.
2. Development of Robot-Enhanced Therapy for Children with Autism spectrum disorders (DREAM) (2014-2018) Director proiect: Prof. dr. Daniel David.
3. CNCSIS. Evaluarea psihologica la vârste timpurii. Director: Conf. univ. dr. Oana Benga. 2002-2004.
4. CEE-MeDc: Psihoterapie versus medicație în tratamentul ADHD la copii cu varsta între 6 și 11 ani; un studiu clinic controlat multicentric (2006-2008). Director: prof. univ. dr. Daniel David.
5. CEE-MeDc: Corelații între markeri biologici, particularități clinice și terapie în depresia copilului și adolescentului. (2006-2008). Director: prof. univ. dr Daniel David.
6. Parteneriate MedC. Implementarea de noi metode diagnostice neinvazive în scopul optimizării perioperatorii a funcției cognitive la vârstnici, implicații asupra calității vieții și performanței psihosociale. Director: Șef lucrări dr. Bodolea Constantin. 2007-2010.
7. Parteneriate MedC. Diagnosticul social al performanței școlare prin scala socială a succesului școlar și proiectarea unor metode de intervenție validate prin cercetare, Director: Prof. univ. dr. Maria Roth 2007-2010. 8. CNCSIS. Facilitarea educației incluzive prin validarea programului de edezvoltare cognitiva și comportamentală a elevilor cu CES. Director: Lect. univ. dr. Kiss Szidonia 2007-2010.
8. PN-II-42-141, Rolul psihoterapiei cognitiv-comportamentale în tratamentul chirurgical parodontal: un studiu clinic controlat (PSIDENT) (2008-2011). Director proiect: Prof. dr. Daniel David.

9. Capacități: Platformă Multifuncțională de Psihoterapie prin Realitate Virtuală PsyHighTech, (2008-2009); Director proiect: Prof. dr. Daniel David.
10. PN-II-41-040, Elaborarea unor noi metode de prevenire și intervenționale pentru ischemia critică din ateroscleroza membrelor inferioare (2007-2010); Coordonator: Prof. dr. Daniel David.
11. PN-II-PCCA, Implementarea de noi metode diagnostice neinvazive în scopul optimizării perioperatorii a funcției cognitive la vârstnici, implicații asupra calității vieții și performanței psihosociale; (2007-2010). Coordonator: Prof. dr. Daniel David.
12. Capacități: O Platformă de Psihoterapie Prin Realitate Virtuală. (2007-2009). Director proiect: Prof. dr. Daniel David.
13. REThink: Un joc terapeutic online validat științific pentru promovarea sănătății mintale la copii și adolescenți (2014-2017). Director proiect: Conf. dr. Oana David.
14. Promovarea îmbătrânirii active - o platformă computerizată de training și reabilitare cognitivă – ActiveCORE (2013-2017). Director proiect: Prof. univ. dr. Aurora Szentagotai
15. Rușinea și vinovăția în tulburarea de personalitate borderline. O abordare din perspectiva reglării emoționale PN-III-P4-ID-PCE-2016-0864, contract nr. 137/2017, (2017-2019), Director proiect: Prof. univ. dr. Aurora Szentagotai
16. Rețeaua academică de cercetare și excelență Star – UBB - Proiect PN-III-1.2 PFE-CDI-550, contract nr. 21PFE/30.12.2021, (2022-2024), Coordonator științific al Centrului eHealth/tHealth asociat Școlii Academice de Sănătate, Director proiect: Prof. univ. dr. Adrian Petrușel

Professor Anca Dobrean, Ph.D
January 31, 2024