



Liviu-Andrei Fodor

Cetățenie: română **Data nașterii:** 18/12/1982

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Muncă: Strada Fântânele nr. 30, 400000 Cluj Napoca (România)

EXPERIENȚA PROFESIONALĂ

Departamentul de Psihologie Clinică și Psihoterapie / Universitatea Babeş-Bolyai – Cluj Napoca, România

Lector dr.

[2023 – În curs]

Titular cursuri/seminarii:

Nivel licență

Rational and Irrational Beliefs in Clinical Cognitive Sciences

Nivel master

Metode Avasante de Cercetare I

Științe Cognitive Clinice

Metode Avasante de Cercetare II

Școala doctorală

Metode generale de cercetare și metodica elaborării de lucrări științifice. Etică și integritate academică

Universitatea Babeş-Bolyai – Cluj Napoca, România

Cercetător postdoctoral

[2024 – În curs]

Grant PNRR - "A Multimodal Brain Connectivity Marker for the Early Detection of Alzheimer's Disease"

Universitatea Babeş-Bolyai – Cluj Napoca, România

Asistent de cercetare științifică

[2022 – 2024]

Grant PN-III-P1-1.1-TE-2021-1521 - "Terapie focalizată pe scheme pentru simptome de anxietate socială și depresie – destructurarea modurilor de critic și protector detașat"

Universitatea din București – București, România

Asistent de cercetare științifică

[2021 – 2023]

PN-III-P1-1.1-TE-2019-2140 - "AICARE: Un agent terapeutic virtual bazat pe inteligență artificială pentru adresarea anxietății și depresiei la tinerii adulți supraviețuitori de cancer"

Universitatea Babeş-Bolyai – Cluj Napoca, România

Asistent de cercetare științifică

[2021 – 2023]

Grant PN-III-P4-ID-PCE-2020-2170 - "Evaluarea Gamificată a Abilităților de Reglare Emoțională și Prevenția Personalizată Bazată pe Joc Online a Tulburărilor Emoționale la Copii"

Universitatea Babeş-Bolyai – Cluj Napoca, România

Asistent de cercetare științifică

[2018 – 2020]

Grant PN-III-P1-1.1-TE-2016-1054 - "Predictori și moderatori ai răspunsului la terapia cognitiv - comportamentală pentru tulburările de anxietate: un pas spre tratamentul personalizat"

 **Universitatea Babeș-Bolyai** – Cluj Napoca, România

Asistent de cercetare științifică

[2015 – 2018]

Grant PN-II-RU-TE-2014-4-1316 - "Moderatori ai răspunsului la psihoterapia cognitiv comportamentală pentru depresie: ce funcționează mai bine pentru cine"

 **Universitatea Babeș-Bolyai** – Cluj Napoca, România

Asistent de cercetare științifică

[2015 – 2018]

Grant PN-II-RU-TE-2014-4-2481 - "SIGMA: A Self-help, Integrated, and Gamified Mobile Phone Application for Weight Management in Young Adults"

EDUCAȚIE ȘI FORMARE PROFESIONALĂ

Doctor în Psihologie

Scoala Doctorală "Psihodiagnostic și Intervenții Psihologice Validat Științific", Babeș-Bolyai [2015 – 2022]

Localitatea: Cluj Napoca | Țara: România | Site de internet: <https://clinicalpsychology.psiedu.ubbcluj.ro/en/research/international-institute-of-psychotherapy/>

Master în psihologie clinică și psihoterapie

Departamentul de Psihologie Clinică și Psihoterapie, Universitatea Babeș-Bolyai [2013 – 2015]

Localitatea: Cluj Napoca | Țara: România | Site de internet: <https://clinicalpsychology.psiedu.ubbcluj.ro/>

Licență în psihologie

Facultatea de Psihologie și Științe ale Educației, Universitatea Babeș-Bolyai [2010 – 2013]

Localitatea: Cluj Napoca | Țara: România | Site de internet: <https://psiedu.ubbcluj.ro/>

COMPETENȚE LINGVISTICE

Limbă(i) maternă(e): Română

Altă limbă (Alte limbi):

Engleză

COMPREHENSIVNE ORALĂ C1 CITIT C1 SCRIS C1

PRODUCEREA DE MESAJE ORALE C1 CONVERSAȚIE C1

Niveluri: A1 și A2 Utilizator de bază B1 și B2 Utilizator independent C1 și C2 Utilizator experimentat

COMPETENȚE

Utilizator experimentat in procesarea informatiei, creare de continut si rezolvarea problemelor / O bună cunoaștere a metodologiei de implementare a studiilor clinice controlate / O bună cunoaștere a metodologiilor avansate de analiză (ex.: SEM, Rețele, Machine Learning) / O bună cunoaștere a programelor de analiză statistică (R, SPSS, STATA, JASP, JAMOVI, CMA)

[2025]
[Efficacy and moderators of cognitive behavioural therapy versus interpersonal psychotherapy for adult depression: study protocol of a systematic review and individual participant data meta-analysis](#) Lin, T., Cohen, Z. D., Stefan, S., Șoflău, R., **Fodor, L. A.**, Georgescu, R., Buijnicks, S. J. E., Lemmens, L., Bagby, M., Quilty, L., Ekeblad, A., Holmqvist, R., Evans, J., O'Mahen, H. A., Johnson, J. E., Zlotnick, C., Hilpert, P., Carter, J., McBride, C., Constantino, M., ... Driessen, E. (2025). Efficacy and moderators of cognitive behavioural therapy versus interpersonal psychotherapy for adult depression: study protocol of a systematic review and individual participant data meta-analysis. *BMJ open*, 15(12), e111686. <https://doi.org/10.1136/bmjopen-2025-111686>

[2025]
[Efficacy and safety of esketamine for "treatment resistant depression": registered report for a systematic review with an individual patient data meta-analysis of randomized, double-blind, placebo-controlled trials](#) Naudet, F., Pellen, C., **Fodor, L. A.**, Gastaldon, C., Barbui, C., Turner, E. H., Le Pabic, E., & Cristea, I. A. (2025). Efficacy and safety of esketamine for "treatment resistant depression": registered report for a systematic review with an individual patient data meta-analysis of randomized, double-blind, placebo-controlled trials. *BMC medicine*, 23(1), 677. <https://doi.org/10.1186/s12916-025-04435-x>

[2025]
[Self-criticism, experiential avoidance, social anxiety and depression in an experience sampling paradigm](#) Stefan, S., Stroian, P., Silviu, M., **Fodor, L.**, & Nechita, D. (2025). Self-criticism, experiential avoidance, social anxiety and depression in an experience sampling paradigm. *Current Psychology: A Journal for Diverse Perspectives on Diverse Psychological Issues*. Advance online publication. <https://doi.org/10.1007/s12144-025-08264-2>

[2025]
[Contextual schema therapy for social anxiety and depression symptoms—A two sessions, online, group randomized trial](#) Stefan, S., Stroian, P., **Fodor, L. A.**, Silviu, M., Nechita, D., Mățiță, D., Mustățea, M., Ioana, A., Tamas, A., & Roediger, E. (2025). Contextual schema therapy for social anxiety and depression symptoms-A two sessions, online, group randomized trial. *Psychotherapy research : journal of the Society for Psychotherapy Research*, 1–16. Advance online publication. <https://doi.org/10.1080/10503307.2025.2523480>..

[2025]
[Pediatric Versus Adult Nasopharyngeal Cancer in Diffusion-Weighted Magnetic Resonance Imaging](#) Crasnean, E., Nechifor, R. E., **Fodor, L.**, Almășan, O., Sollmann, N., Ban, A., Roman, R., Mitre, I., Bran, S., Onișor, F., Dinu, C., Băciuț, M., & Hedeșiu, M. (2025). Pediatric Versus Adult Nasopharyngeal Cancer in Diffusion-Weighted Magnetic Resonance Imaging. *Cancers*, 17(13), 2237. <https://doi.org/10.3390/cancers17132237>.

[2025]
[Screening for common mental health disorders: a psychometric evaluation of a chatbot system](#) Podina, I. R., Bucur, A.-M., **Fodor, L.**, & Boian, R. (2025). Screening for common mental health disorders: A psychometric evaluation of a chatbot system. *Behaviour & Information Technology*, 44(10), 2160–2169. <https://doi.org/10.1080/0144929X.2023.2275164>.

[2025]
[Predicting Pathogenic Variants of Breast Cancer Using Ultrasound-Derived Machine Learning Models](#) Antone, N. Z., Pintican, R., Manole, S., **Fodor, L.-A.**, Lucaciu, C., Roman, A., Trifa, A., Catana, A., Lisencu, C., Buiga, R., Vlad, C., & Achimas Cadariu, P. (2025). Predicting Pathogenic Variants of Breast Cancer Using Ultrasound-Derived Machine Learning Models. *Cancers*, 17(6), 1019. <https://doi.org/10.3390/cancers17061019>

[2025]
[Research Review: Help-seeking intentions, behaviors, and barriers in college students - a systematic review and meta-analysis](#) Zhao, R., Amanvermez, Y., Pei, J., Castro-Ramirez, F., Rapsey, C., Garcia, C., Ebert, D. D., Haro, J.

M., **Fodor, L. A.**, David, O. A., Rankin, O., Chua, S. N., Martínez, V., Bruffaerts, R., Kessler, R. C., & Cuijpers, P. (2025). Research Review: Help-seeking intentions, behaviors, and barriers in college students - a systematic review and meta-analysis. *Journal of child psychology and psychiatry, and allied disciplines*, 66(10), 1593–1605. <https://doi.org/10.1111/jcpp.14145>

[2025]

[Cognitive emotion regulation strategies and academic burnout dimensions in children and adolescents: a network analysis approach](#)

luga, I.A., **Fodor, L.A.** & David, O.A. Cognitive emotion regulation strategies and academic burnout dimensions in children and adolescents: a network analysis approach. *Curr Psychol* **44**, 5480–5493 (2025). <https://doi.org/10.1007/s12144-025-07537-0>

[2024]

[The MoodWheel app: validation and factor structure of a new tool for the assessment of mood based on the experience sampling method](#)

David, O. A., Tomoiagă, C., & **Fodor, L. A.** (2024). The MoodWheel app: validation and factor structure of a new tool for the assessment of mood based on the experience sampling method. *The Journal of general psychology*, 1–17. Advance online publication. <https://doi.org/10.1080/00221309.2024.2378284>

[2024]

[Sociodemographic Correlates of Mental Health Treatment Seeking Among College Students: A Systematic Review and Meta-Analysis](#)

Pei, J., Amanvermez, Y., Vigo, D., Puyat, J., Kessler, R. C., Mortier, P., Bruffaerts, R., Rankin, O., Chua, S. N., Martínez, V., Rapsey, C., **Fodor, L. A.**, David, O. A., Garcia, C., & Cuijpers, P. (2024). Sociodemographic Correlates of Mental Health Treatment Seeking Among College Students: A Systematic Review and Meta-Analysis. *Psychiatric services (Washington, D.C.)*, appips20230414. Advance online publication. <https://doi.org/10.1176/appi.ps.20230414>

[2024]

[Gamified Assessment of the Emotion-Regulation Abilities in Youths: Validation of the RETHink Online Game-Based Assessment System](#)

David, O. A., Tomoiagă, C., & **Fodor, L. A.** (2024). Gamified Assessment of the Emotion-Regulation Abilities in Youths: Validation of the RETHink Online Game-Based Assessment System. *Games for health journal*, 10.1089/g4h.2023.0011. Advance online publication. <https://doi.org/10.1089/g4h.2023.0011>

[2023]

[An online contextual schema therapy workshop for social anxiety symptoms – A randomized control trial](#) Stefan, S., Stroian, P., **Fodor, L.**, Matu, S., Nechita, D., Boldea, I., Fechete, I., Mătiță, D., & Mustățea, M. (2023). An online contextual schema therapy workshop for social anxiety symptoms—A randomized controlled trial. *Journal of Contextual Behavioral Science*, 29, 67–75

[2023]

[Mental health at different stages of cancer survival: a natural language processing study of Reddit posts](#) Podina, I. R., Bucur, A. M., Todea, D., **Fodor, L.**, Luca, A., Dinu, L. P., & Boian, R. F. (2023). Mental health at different stages of cancer survival: a natural language processing study of Reddit posts. *Frontiers in psychology*, 14, 1150227. <https://doi.org/10.3389/fpsyg.2023.1150227>

[2023]

[Fear of cancer recurrence and mental health: A comprehensive meta-analysis](#) Podina, I. R., Todea, D., & **Fodor, L. A.** (2023). Fear of cancer recurrence and mental health: A comprehensive meta-analysis. *Psycho-oncology*, 32(10), 1503–1513. <https://doi.org/10.1002/pon.6205>

[2023]

[The efficacy of online parenting interventions in addressing emotional problems in children and adolescents: A meta-analysis of randomized controlled trials](#)

David, O. A., **Fodor, L. A.**, Dascăl, M. D., & Miron, I. S. (2023). The efficacy of online parenting interventions in addressing emotional problems in children and adolescents: A meta-

analysis of randomized controlled trials. *The International journal of social psychiatry*, 69(5), 1100–1112. <https://doi.org/10.1177/00207640231156034>

International Journal of Social Psychiatry

[2023]

[A systematic review and meta-analysis on the effectiveness of self-compassion interventions for changing university students' positive and negative affect](#) Póka, T., Fodor, L. A., Barta, A., & Méró, L. (2023). A systematic review and meta-analysis on the effectiveness of self-compassion interventions for changing university students' positive and negative affect. *Current Psychology: A Journal for Diverse Perspectives on Diverse Psychological Issues*

[2023]

[Preventing mental illness in children that experienced maltreatment the efficacy of RETHink online therapeutic game](#) David, O. A., & Fodor, L. A. (2023). Preventing mental illness in children that experienced maltreatment the efficacy of RETHink online therapeutic game. *NPJ digital medicine*, 6(1), 106. <https://doi.org/10.1038/s41746-023-00849-0>

[2022]

[The development of students' critical thinking abilities and dispositions through the concept mapping learning method – A meta-analysis](#) Barta, A., Fodor, L. A., Tamas, B., and Szamoskozi, I. (2022). The development of students critical thinking abilities and dispositions through the concept mapping learning method – a meta-analysis. *Educ. Res. Rev.* 37:100481. doi: 10.1016/j.edurev.2022.100481

[2022]

[Core Fear of Cancer recurrence symptoms in Cancer Survivors: a network approach](#) Fodor, L.A., Todea, D. & Podina, I.R. Core Fear of Cancer recurrence symptoms in Cancer Survivors: a network approach. *Curr Psychol* (2022). <https://doi.org/10.1007/s12144-022-03500-5>

[2022]

[Are gains in emotional symptoms and emotion-regulation competencies after the RETHink therapeutic game maintained in the long run? A 6-month follow-up](#) David, O. A., & Fodor, L. A. (2022). Are gains in emotional symptoms and emotion-regulation competencies after the RETHink therapeutic game maintained in the long run? A 6-month follow-up. *European child & adolescent psychiatry*, 10.1007/s00787-022-02002-w. Advance online publication. <https://doi.org/10.1007/s00787-022-02002-w>

[2021]

[A systematic review on the use of quantitative imaging to detect cancer therapy adverse effects in normal-appearing brain tissue](#) Petr, J., Hogeboom, L., Nikulin, P., Wieggers, E., Schroyen, G., Kallehauge, J., Chmelík, M., Clement, P., Nechifor, R. E., Fodor, L. A., De Witt Hamer, P. C., Barkhof, F., Pernet, C., Lequin, M., Deprez, S., Jančálek, R., Mutsaerts, H. J. M. M., Pizzini, F. B., Emblem, K. E., & Keil, V. C. (2022). A systematic review on the use of quantitative imaging to detect cancer therapy adverse effects in normal-appearing brain tissue. *Magma (New York, N.Y.)*, 35(1), 163–186. <https://doi.org/10.1007/s10334-021-00985-2>

[2021]

[Health anxiety, perceived risk and perceived control in following recommended preventive measures during early COVID-19 response in Romania](#) Ștefan, S., Fodor, L. A., Curt, I., Ionescu, A., Pantea, N., Jiboc, N., & Tegzesiu, A. M. (2021). Health anxiety, perceived risk and perceived control in following recommended preventive measures during early COVID-19 response in Romania. *BJPsych open*, 7(5), e160. <https://doi.org/10.1192/bjo.2021.990>

[2021]

[The effectiveness of a virtual reality attention task to predict depression and anxiety in comparison with current clinical measures](#) Voinescu, A., Petrini, K., Stanton Fraser, D. *et al.* The effectiveness of a virtual reality attention task to predict depression and anxiety in comparison with current clinical measures. *Virtual Reality* (2021). <https://doi.org/10.1007/s10055-021-00520-7>

[2020]

[Efficacy of cognitive bias modification interventions in anxiety and depressive disorders: a systematic review and network meta-analysis](#) Fodor, L.A., Georgescu, R., Cuijpers, P., Szamoskozi, Ș., David, D., Furukawa, T.A., Cristea, I.A. (2020). Efficacy of cognitive bias modification interventions in anxiety and depressive disorders: a systematic review and network meta-analysis. *Lancet Psychiatry*, 7 (6) , pp. 506-514, 10.1016/S2215-0366(20)30130-9

[2020]

[Psychological interventions using virtual reality for pain associated with medical procedures: a systematic review and meta-analysis](#) Georgescu R., Fodor L.A., Dobrea A., Cristea I.A.. Psychological interventions using virtual reality for pain associated with medical procedures: a systematic review and meta-analysis. *Psychological Medicine*. 2020 Aug;50(11):1795-1807. doi: 10.1017/S0033291719001855. Epub 2019 Aug 28. PMID: 31456530

[2020]

[Exploring Attention in VR: Effects of Visual and Auditory Modalities](#) Voinescu A., Fodor L.A., Fraser D.S., David D. (2020) Exploring Attention in VR: Effects of Visual and Auditory Modalities. In: Ahram T., Falcão C. (eds) *Advances in Usability, User Experience, Wearable and Assistive Technology*. AHFE 2020. *Advances in Intelligent Systems and Computing*, vol 1217. Springer, Cham. https://doi.org/10.1007/978-3-030-51828-8_89

[2019]

[Is there a sleeper effect of exposure-based vs. cognitive-only intervention for anxiety disorders? A longitudinal multilevel meta-analysis](#) Podina, I. R., Vișlă, A., Fodor, L. A., & Flückiger, C. (2019). Is there a sleeper effect of exposure-based vs. cognitive-only intervention for anxiety disorders? A longitudinal multilevel meta-analysis. *Clinical Psychology Review*, 73, 101774. *FI: 8.89* <https://doi.org/10.1016/j.cpr.2019.101774>

[2018]

[The Effectiveness of Virtual Reality Based Interventions for Symptoms of Anxiety and Depression: A Meta-Analysis](#) Fodor, L.A., Cotet, C.D., Cuijpers, P., Szamoskozi, S., David, D., & Cristea, I.A. (2018). The Effectiveness of Virtual Reality Based Interventions for Symptoms of Anxiety and Depression: A Meta-Analysis. *Scientific Reports* 8, no. 1 (July 9, 2018): 10323. <https://doi.org/10.1038/s41598-018-28113-6>.

[2018]

[Critical Review and Meta-Analysis of Multicomponent Behavioral e-Health Interventions for Weight Loss](#) Podina, I.R., & Fodor, L.A. (2018). Critical Review and Meta-Analysis of Multicomponent Behavioral e-Health Interventions for Weight Loss. *Health Psychology* 37, no. 6 (2018): 501–15. <https://doi.org/10.1037/hea0000623>

[2018]

[Usability and user experience testing of the cognitive-behavioral SIGMA Smartphone App for weight management](#) Podina, I.R., Jucan, A., Fodor, L.A., & Boian, R. (2018). Usability and user experience testing of the cognitive-behavioral SIGMA Smartphone App for weight management. *Journal of Evidence Based Psychotherapies*.

[2017]

[An Evidence-Based Gamified MHealth Intervention for Overweight Young Adults with Maladaptive Eating Habits: Study Protocol for a Randomized Controlled Trial](#) Podina, I.R., Fodor, L.A., Cosmoiu, A. & Boian, R. (2017). An Evidence-Based Gamified MHealth Intervention for Overweight Young Adults with Maladaptive Eating Habits: Study Protocol for a Randomized Controlled Trial. *Trials* 18, no. 1 (December 12, 2017): 592. <https://doi.org/10.1186/s13063-017-2340-6>

[2017]

[Terapia Metacognitivă. In Popa, C., Sava, F., & David, D., Psihoterapiile cognitive și comportamentale în tulburările de personalitate. Aplicații practice și noi direcții](#) Podina, I.R. & Fodor, L.A. (2017). Terapia Metacognitivă. In Popa, C., Sava, F., & David, D., Psihoterapiile cognitive și comportamentale în tulburările de personalitate. Aplicații practice și noi direcții. *Editura Trei*

[2017]

Cognitive bias modification interventions for attention to and approach of appetitive food stimuli: A meta-analysis Fodor, L.A., Cosmoiu, A., & Podina, I.R. (2017). Cognitive bias modification interventions for attention to and approach of appetitive food stimuli: A meta-analysis. *Journal of Evidence Based Psychotherapies*

DISTINCȚII ONORIFICE ȘI PREMII

[2020] Unitatea Executiva Pentru Finantarea Invatamantului Superior a Cercetarii Dezvoltarii si Inovarii

Premierea rezultatelor cercetării Premierea articolului "Fodor, L.A., Georgescu, R., Cuijpers, P., Szamoskozi, Ș., David, D., Furukawa, T.A., Cristea, I.A. (2020). Efficacy of cognitive bias modification interventions in anxiety and depressive disorders: a systematic review and network meta-analysis. *Lancet Psychiatry*, 7 (6) , pp. 506-514, 10.1016/S2215-0366(20)30130-9. *FI: 16.20"*

Link: [https://www.thelancet.com/journals/lanpsy/article/PIIS2215-0366\(20\)30130-9/fulltext](https://www.thelancet.com/journals/lanpsy/article/PIIS2215-0366(20)30130-9/fulltext)

[2020] Unitatea Executiva Pentru Finantarea Invatamantului Superior a Cercetarii Dezvoltarii si Inovarii

Premierea rezultatelor cercetării Premierea articolului "Georgescu R., Fodor L.A., Dobrea A., Cristea I.A.. Psychological interventions using virtual reality for pain associated with medical procedures: a systematic review and meta-analysis. *Psychological Medicine*. 2020 Aug;50(11):1795-1807. doi: 10.1017/S0033291719001855. Epub 2019 Aug 28. PMID: 31456530. *FI: 5.81"*

Link: <https://www.cambridge.org/core/journals/psychological-medicine/article/psychological-interventions-using-virtual-reality-for-pain-associated-with-medical-procedures-a-systematic-review-and-metaanalysis/F82CB38E6A82F3DA6552D759F5167613>

[2019] Unitatea Executiva Pentru Finantarea Invatamantului Superior a Cercetarii Dezvoltarii si Inovarii

Premierea rezultatelor cercetării Premierea articolului "Podina, I. R., Vîslă, A., Fodor, L. A., & Flückiger, C. (2019). Is there a sleeper effect of exposure-based vs. cognitive-only intervention for anxiety disorders? A longitudinal multilevel meta-analysis. *Clinical Psychology Review*, 73, 101774. *FI: 8.89* <https://doi.org/10.1016/j.cpr.2019.101774> "

Link: <https://www.sciencedirect.com/science/article/pii/S0272735819302867?via=ihub>

[2018] Unitatea Executiva Pentru Finantarea Invatamantului Superior a Cercetarii Dezvoltarii si Inovarii

Premierea rezultatelor cercetării Premierea articolului "Fodor, L.A., Coteș, C.D., Cuijpers, P., Szamoskozi, S., David, D., & Cristea, I.A. (2018). The Effectiveness of Virtual Reality Based Interventions for Symptoms of Anxiety and Depression: A Meta-Analysis. *Scientific Reports* 8, no. 1 (July 9, 2018): 10323. <https://doi.org/10.1038/s41598-018-28113-6>. *FI: 4.52"*

Link: <https://www.nature.com/articles/s41598-018-28113-6>

[2018] Unitatea Executiva Pentru Finantarea Invatamantului Superior a Cercetarii Dezvoltarii si Inovarii

Premierea rezultatelor cercetării Premierea articolului "Podina, I.R., & Fodor, L.A. (2018). Critical Review and Meta-Analysis of Multicomponent Behavioral e-Health Interventions for Weight Loss. *Health Psychology* 37, no. 6 (2018): 501–15. <https://doi.org/10.1037/hea0000623>. *FI: 3.17"*

Link: <https://doi.apa.org/doiLanding?doi=10.1037/hea0000623>