

PERSONAL INFORMATION

Anca Dobrean



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Gender Female | Date of birth 12/06/1974 | Nationality Romanian

WORK EXPERIENCE

- 2016–Present **Professor**
 Babes-Bolyai University, Faculty of Psychology and Educational Sciences, Department of Clinical Psychology and Psychotherapy
 Republicii 37, 400015 Cluj-Napoca (Romania)
Teaching, research and services (psychological assessment, clinical child psychology, clinical assessment)
- 2012–Present **Director, Department of Clinical Psychology and Psychotherapy, Faculty of Psychology and Educational Sciences, Babes-Bolyai University**
 Babes-Bolyai University
 Republicii 37, 400015 Cluj-Napoca (Romania)
 Management
- 2012–2024 **President**
 Romanian Association of Cognitive and Behavioural Psychotherapies (APCCR)
 Management, accreditation of programs, national representative in the European Associations of Cognitive and Behavioural Psychotherapies
- 2012–Present **Clinical psychologist and psychotherapist**
 Babes-Bolyai University PSY-Tech Psychological Clinic
 Clinical assessment: cognitive and developmental testing using WISC-4, Denver, Raven Matrices, SON-R, ADOS, ADI-R, emotional and behavioural assessment for children, adolescent and families (ASEBA, BDI-II, CDI, SCARED), clinical interviews (SCID-IV, KID-SCID, SCID-5)
- 2019–2022 **APCCR Coordinator**
 Romanian Association of Cognitive and Behavioral Psychotherapies (APCCR)
 Management and partner director in the project - Profesori pregatiti - profesori motivati!105405 POCU/73/6/6/Îmbunătățirea competențelor personalului didactic din învățământul pre-universitar în vederea promovării unor servicii educaționale de calitate orientate pe nevoile elevilor și a unei școli incluzive
- 2012–Present **Board Member**
 The International Institute for the Advanced Studies of Psychotherapy and Applied Mental Health
 Research, grant administration, publication of reports and research data
- 2012–2022 **Member, Clinical Psychology Committee**
 Romanian Board of Psychologists, Cluj Branch
 Professional Certification

EDUCATION AND TRAINING

- 2013–Present **Doctor Habil.**
Babes-Bolyai University, Cluj-Napoca (Romania)
Habilitation thesis on *Evidence based assessment of child and adolescent cognitive development and emotional and behavioural problems,*
- 2011–Present **Principal Clinical Psychologist & Cognitive Behavioral Psychotherapist**
Romanian Board of Psychologists, licence number 01674
Clinical assessment
- 2006–2007 **Postdoctoral Researcher**
The International Institute for the Advanced Studies of Psychotherapy and Applied Mental Health, Babes-Bolyai University
Evidence based assessment and intervention in child and adolescent mental health
- 2005–2008 **Rational Emotive and Cognitive Behavioral Psychotherapy Certification**
Asociația de Psihoterapii Cognitive și Comportamentale (APCCR), Cluj-Napoca (Romania)
Cognitive Behavioral Psychotherapy
- 1998–2004 **Doctor in Psychology (Ph.D)**
Babes-Bolyai University
Title of the thesis: *Assessment of ADHD in preschoolers*
- 1997–1998 **Master Diploma (MA)**
Grenoble II University, Grenoble (France)
Diplome d'etudes approfondies (Diplôme Universitaire)
Program: Social and Cognitive Psychology
- 1993–1997 **Bachelor - Psychology**
Faculty of History and Philosophy, Babes-Bolyai University
Psychology Diploma (University level)
- 1988–1993 **Baccalaureate Diploma**
Iosif-Vulcan High School, Oradea, Romania

PERSONAL SKILLS

Mother tongue(s) Romanian

Foreign language(s)	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
English	C1	C1	C1	C1	C1
French	B1	B1	B1	B1	B1

Levels: A1 and A2: Basic user - B1 and B2: Independent user - C1 and C2: Proficient user
Common European Framework of Reference for Languages - Self-assessment grid

Driving licence B

ADDITIONAL INFORMATION

PUBLICATIONS**Web of Science (January 2026)**

Number of Citations Web of Science: 3577, Hirsch index: 27

International papers indexed in Web of Science:**2026**

1. Bălan, R., **Dobrean, A.**, Poetar, C.-R., Florean, I. S., Balazsi, R. S., Coșa, I., & Månsson, K. N. T. (2026). Treatment elements in transdiagnostic interventions for children and adolescents with emotional problems: A scoping review. *Acta Psychologica*, 265, 106692. <https://doi.org/10.1016/j.actpsy.2026.106692>
2. **Dobrean, A.**, Poetar, C. R., Florean, I. S., Balan, R., & Andersson, G. (2026). Transdiagnostic internet-delivered intervention for children and adolescents with anxiety and depressive disorders: A randomized controlled trial. *npj Digital Medicine*. <https://doi.org/10.1038/s41746-026-02341-x>, *accepted*
3. Văidean, T., **Dobrean, A***., Predescu, E., Yap, M. B. H., & Georgescu, R. D. (2026). Meta-analysis of parenting in children and adolescents with attention-deficit/hyperactivity disorder compared to healthy controls. *Journal of the American Academy of Child and Adolescent Psychiatry*. <https://doi.org/10.1016/j.jaac.2025.12.016>

2025

4. Poetar, C.-R., **Dobrean, A.**, & Florean, I. S. (2025). The Romanian version of the Youth Anxiety Measure for DSM-5: Reliability, validity, factor structure, and measurement invariance. *European Journal of Psychological Assessment*. Advance online publication. <https://doi.org/10.1027/1015-5759/a000912>
5. Florean, I. S., Dobrean, A., & Balazsi, R. (2025). From parenting self-efficacy to child externalizing problems: The role of perceived parent stress and practices. *Family Relations: An Interdisciplinary Journal of Applied Family Studies*. Advance online publication. <https://doi.org/10.1111/fare.70000>
6. Coșa, I. M., Dobrean, A., Balazsi, R., & Poetar, C.-R. (2025). Indirect effects of parental and peer attachment on Internet gaming disorder among adolescents: The role of negative automatic thoughts. *Personality and Individual Differences*, 241, 113193. <https://doi.org/10.1016/j.paid.2025.113193>
7. Anichitoae, F. M., Dobrean, A., Georgescu, R. D., & Roman, G. D. (2025). Association between self-related cognitions and cyberbullying victimization in children and adolescents: A systematic review and meta-analysis. *Aggression and Violent Behavior*, 80, 1–16. <https://doi.org/10.1016/j.avb.2024.102021>
8. Roman, G. D., Dobrean, A., & Florean, I. S. (2025). Translating Parenting Into Affiliative Reward in Early Adolescence: Sex Differences. *The Journal of Early Adolescence*, 45(8), 994–1015. <https://doi.org/10.1177/02724316241296181>

2024

9. Grama, D. I., Georgescu, R. D., Coșa, I. M., & **Dobrean, A.** (2024). Parental Risk and Protective Factors Associated with Bullying Victimization in Children and Adolescents: A Systematic Review and Meta-analysis. *Clinical Child and Family Psychology Review*, 1-31. <https://doi.org/10.1007/s10567-024-00473-8>
10. Grama, D. I., **Dobrean, A.**, Florean, I. S., Poetar, C. R., Rohner, R. P., & Predescu, E. (2024). Measurement invariance of the Child Parental Acceptance-Rejection Questionnaire-Short Form across parental versions, age, gender, clinical status, and time. *Children and Youth Services Review*, 163, 107726.
11. Florean, I. S., Dobrean, A., Roman, G. D., Poetar, C. R., Vilceanu, C., & Predescu, E. (2024). The mediator role of negative and positive automatic thoughts between attachment quality towards

significant others and adolescents' internalizing problems. *Children and Youth Services Review*, 164, 107867.

12. Kulcsár, V., **Dobrea**, A., Poetar, C.-R., & Ivan, C. (2024). Is REBT Useful for Reducing Adolescents' Career Decision Difficulties and Distress? A Randomized Trial. *Journal of Career Development*, 0(0). <https://doi.org/10.1177/08948453241246715>
13. Balan, R., **Dobrea**, A., & Poetar, C. R. (2024). Use of automated conversational agents in improving young population mental health: a scoping review. *NPJ Digital Medicine*, 7(1), 75. doi.org/10.1038/s41746-024-01072-1
14. Poetar, C. R., **Dobrea**, A., & Andersson, G. (2024). Preliminary efficacy of a transdiagnostic parent-led internet-delivered intervention for children with anxiety and depressive symptoms: a pilot randomized controlled trial. *Child and Adolescent Psychiatry and Mental Health*, 18(1), 1-11.
15. Coşa, I. M., **Dobrea**, A., & Balazsi, R. Measurement Invariance of the Lemmens Internet Gaming Disorder Scale-9 Across Age, Gender, and Respondents. *The Psychiatric Quarterly*. 10.1007/s11126-024-10066-x.

2023

16. Poetar, C. R., **Dobrea**, A., & Florean, I. S. (2023). Problematic Smartphone Use and Mental Health Problems: A Network Analysis of Romanian Adolescents. *Youth & Society*, 0044118X231218295.
17. Roman, G. D., **Dobrea**, A., & Florean, I. S. (2023). Explaining the “parenting–callous-unemotional traits–antisocial behavior” axis in early adolescence: The role of affiliative reward. *Development and psychopathology*, 1-10.
18. Balan, R., **Dobrea**, A*, Balazsi, R., & Cordier, R. (2023). A latent profile analysis of emotional, behavioral, and social problems among victims of bullying. *Psychology in the Schools*, 10.1002/pits.22998
19. Copeland, W., Ivanova, M., Achenbach, T., Turner, L., Tong, G., Ahmeti-Pronaj, A., **Dobrea**, A . . . Zasepa, E. (2023). Cultural contributions to adults' self-rated mental health problems and strengths: 7 culture clusters, 28 societies, 16 906 adults. *Psychological Medicine*, 1-10. [doi:10.1017/S0033291723001332](https://doi.org/10.1017/S0033291723001332)
20. Păsărelu, C. R., David, D., **Dobrea**, A., Noje, A., Roxana, Ş., & Predescu, E. (2023). ADHDCoach—a virtual clinic for parents of children with ADHD: Development and usability study. *Digital Health*, 9, 20552076231161963.
21. Păsărelu, C. R., Kertesz, R., & **Dobrea**, A. (2023). The Development and Usability of a Mobile App for Parents of Children with ADHD. *Children*, 10(1), 164.
22. David, D., Ştefan, S., Nechita, D., & **Dobrea**, A. (2023). A brief history of Romanian psychology. *Journal of the History of the Behavioral Sciences*, 59(1), 45-51.

2022

23. Coşa, I. M., **Dobrea**, A*, Georgescu, R. D., & Păsărelu, C. R. (2022). Parental behaviors associated with internet gaming disorder in children and adolescents: A quantitative meta-analysis. *Current Psychology*, 1-18.
24. Păsărelu, C. R., **Dobrea**, A., Florean, I. S., & Predescu, E. (2022). Parental stress and child mental health: a network analysis of Romanian parents. *Current Psychology*, 1-13.
25. Florean, I. S., **Dobrea**, A*, & Roman, G. D. (2022). Early adolescents' perceptions of parenting practices and mental health problems: A network approach. *Journal of Family Psychology*, 36(3), 438.
26. Robe, A., **Dobrea**, A,* Balazsi, R., Georgescu, R. D., Păsărelu, C. R., & Predescu, E. (2022). Factor Structure and Measurement Invariance Across Age, Gender, and Clinical Status of the Screen for Children Anxiety Related Emotional Disorders. *European Journal of Psychological Assessment*, Advance online publication. <https://doi.org/10.1027/1015-5759/a000716>

27. Robe, A., & **Dobrean, A.*** (2022). The effectiveness of a single session of mindfulness-based cognitive training on cardiac vagal control and core symptoms in children and adolescents with attention-deficit/hyperactivity disorder (ADHD): a preliminary randomized controlled trial. *European Child & Adolescent Psychiatry*, 1-10.
28. Florean, I.S., **Dobrean, A.***, Balazsi, R., Roşan, A., Păsărelu, C., Predescu, E., Rad, F. (2022). Measurement invariance of Alabama Parenting Questionnaire (APQ) across age, gender, clinical status, and informant. *Assessment* (IF:4.66)
29. Rescorla, L. A., Ivanova, M. Y., Achenbach, T. M., Almeida, V., Anafarta-Sendag, M., Bite, I., **Dobrean, A...** & Zasepa, E. (2022). Older adult psychopathology: international comparisons of self-reports, collateral reports, and cross-informant agreement. *International Psychogeriatrics*, 34(5), 467-478.
30. Ivanova, M. Y., Achenbach, T. M., Turner, L., Almqvist, F., Begovac, I., Bilenberg, N., **Dobrean, A...** & Žukauskienė, R. (2022). Effects of individual differences, society, and culture on youth-rated problems and strengths in 38 societies. *Journal of Child Psychology and Psychiatry*. <https://doi.org/10.1111/jcpp.13569> (IF:8.98)

2021

31. Păsărelu, C., **Dobrean, A***, Andersson, G., & Zaharie, G. (2021). Feasibility and clinical utility of a transdiagnostic Internet-delivered rational emotive and behavioral intervention for adolescents with anxiety and depressive disorders. *Internet Interventions*, 26.
32. Balan, R., **Dobrean, A***, & Balazsi, R. (2021). From Victims to Perpetrators of Bullying: The Role of Irrational Cognitions, Externalizing Problems, and Parental Attachment. *Journal of Interpersonal Violence*, 10.1177/08862605211043583 (IF:6.14)
33. Cristea, I. A., Balan, R., & **Dobrean, A.** (2021). Methodologic and Reporting Issues in Published Meta-analysis. *JAMA*, 175(6):643-644. doi:10.1001/jamapediatrics.2021.0010 (IF:16.193)
34. Robe, A., Păsărelu, C. R., & **Dobrean, A***. (2021). Exploring autonomic regulation in children with ADHD with and without comorbid anxiety disorder through three systematic levels of cardiac vagal control analysis: Rest, reactivity, and recovery. *Psychophysiology*, e13850. (IF:4.01)
35. Silaghi, C. A., Lozovanu, V., Georgescu, C. E., Georgescu, R. D., Susman, S., Năsui, B. A., **Dobrean, A** & Silaghi, H. (2021). Thyroseq v3, Afirma GSC, and microRNA Panels Versus Previous Molecular Tests in the Preoperative Diagnosis of Indeterminate Thyroid Nodules: A Systematic Review and Meta-Analysis. *Frontiers in endocrinology*, 12. 1. 12:649522.doi: 10.3389/fendo.2021.649522 (IF: 5.555)
36. Georgescu, R. D., **Dobrean, A***, Silaghi, C. A., & Silaghi, H. (2021). A virtual reality-based intervention for surgical patients: study protocol of a randomized controlled trial. *Trials*, 22(1), 1-11. (IF: 2.279)
37. **Dobrean, A***, Păsărelu, C. R., Balazsi, R., & Predescu, E. (2021). Measurement Invariance of the ADHD Rating Scale–IV Home and School Versions Across Age, Gender, Clinical Status, and Informant. *Assessment*, 1073191119858421. (IF 3.19)

2020

38. Balan, R., **Dobrean, A.**, Balazsi, R., Parada, R. H., & Predescu, E. (2022). The adolescent peer relations instrument-bully/target: Measurement invariance across gender, age, and clinical status. *Journal of Interpersonal Violence*, 37(3-4), 1484-1513.
39. Păsărelu, C. R., Andersson, G., & **Dobrean, A.** (2020). Attention-deficit/hyperactivity disorder mobile apps: A systematic review. *International Journal of Medical Informatics*, 138, 104133.
40. David, D. O., Costescu, C. A., Matu, S., Szentagotai, A., & **Dobrean, A.** (2020). Effects of a Robot-Enhanced Intervention for Children With ASD on Teaching Turn-Taking Skills. *Journal of Educational Computing Research*, 0735633119830344.

41. Ivanova, M. Y., Achenbach, T. M., Rescorla, L. A., Turner, L. V., Dumas, J. A., Almeida, V., **Dobrean, A.**... & Capps, J. W. (2020). The generalizability of Older Adult Self-Report (OASR) syndromes of psychopathology across 20 societies. *International Journal of Geriatric Psychiatry*.
42. Kulcsar, V., **Dobrean, A.**, & Gati, I. (2020). Challenges and difficulties in career decision making: Their causes, and their effects on the process and the decision. *Journal of Vocational Behavior*, 103346.(IF 3.38)
43. Kulcsár, V., **Dobrean, A.**, & Balázsi, R. (2020). Does it Matter If I Am a Worrier? The Effect of Worry as a Moderator between Career Decision-Making Difficulties and Negative Dysfunctional Emotions. *Journal of Youth and Adolescence*, 1-16.(IF 3.26)

2019

44. **Dobrean, A.**, Păsărelu, C. R., Balazsi, R., & Predescu, E. (2019). Measurement Invariance of the ADHD Rating Scale–IV Home and School Versions Across Age, Gender, Clinical Status, and Informant. *Assessment*, 1073191119858421.(IF 3.19)
45. Robe, A., **Dobrean, A.**, Cristea, I. A., Păsărelu, C. R., & Predescu, E. (2019). Attention-Deficit/Hyperactivity Disorder and task-related heart rate variability: a systematic review and meta-analysis. *Neuroscience & Biobehavioral Reviews*. (IF 8.01)
46. Georgescu, R., Fodor, L. A., **Dobrean, A.**, & Cristea, I. A. (2019). Psychological interventions using virtual reality for pain associated with medical procedures: a systematic review and meta-analysis. *Psychological medicine*, 1-13.
47. Ivanova, M. Y., Achenbach, T. M., Rescorla, L. A., Guo, J., Althoff, R. R., Kan, K. J., **Dobrean, A.**, ... & da Rocha, M. M. (2019). Testing syndromes of psychopathology in parent and youth ratings across societies. *Journal of Clinical Child & Adolescent Psychology*, 48(4), 596-609.
48. Rescorla, L. A., Blumenfeld, M. C., Ivanova, M. Y., Achenbach, T. M., & International ASEBA Consortium. (2019). International comparisons of the dysregulation profile based on reports by parents, adolescents, and teachers. *Journal of Clinical Child & Adolescent Psychology*, 48(6), 866-880.
49. Rescorla, L. A., Given, C., Glynn, S., Ivanova, M. Y., Achenbach, T. M. & International ASEBA Consortium . (2019). International comparisons of autism spectrum disorder behaviors in preschoolers rated by parents and caregivers/teachers. *Autism*, 1362361319839151. 13. Rescorla, L. A., Genaro, B., Ivanova, M. Y., & International ASEBA Consortium. (2019). International Comparisons of Emotionally Reactive Problems in Preschoolers: CBCL/1½–5 Findings from 21 Societies. *Journal of Clinical Child & Adolescent Psychology*, 1-14.
50. Rescorla, L. A., Althoff, R. R., Ivanova, M. Y., & Achenbach, T. M. & International ASEBA Consortium (2019). Effects of society and culture on parents' ratings of children's mental health problems in 45 societies. *European Child & Adolescent Psychiatry*, 1-9. Rescorla, L. A.,
51. Adams, A., Ivanova, M. Y., & International ASEBA Consortium. (2019). The CBCL/1½-5's DSM-ASD Scale: Confirmatory Factor Analyses Across 24 Societies. *Journal of autism and developmental disorders*.

2018

52. Balan, R., **Dobrean, A.**, & Balazsi, R. (2018). Indirect effects of parental and peer attachment on bullying and victimization among adolescents: The role of negative automatic thoughts. *Aggressive behavior*; 44:561–570.
53. Păsărelu, C. R., & **Dobrean, A.** (2018). A video-based transdiagnostic REBT universal prevention program for internalizing problems in adolescents: study protocol of a cluster randomized controlled trial. *BMC psychiatry*, 18(1), 101.
54. David, D. O., Costescu, C. A., Matu, S., Szentagotai, A., & **Dobrean, A.** (2018). Developing Joint Attention for Children with Autism in Robot-Enhanced Therapy. *International Journal of Social Robotics*, 1-11.

55. Păsărelu, C. R., & **Dobrean, A.** (2018). An investigation of mediators for the relationship between parent mental health and adolescent problematic internet use: a cross-sectional study in Romanian adolescents. *Journal of Evidence-Based Psychotherapies*, 18(2), 97.
56. Georgescu, R., **Dobrean, A.**, & Predescu, E. (2018). Benefits of cognitive restructuring, acceptance and distraction for pain intensity and pain tolerance. *Journal of Evidence-Based Psychotherapies*, 18(2).

2017

57. Păsărelu, C. R., Andersson, G., Bergman Nordgren, L., & **Dobrean, A.** (2017). Internet-delivered transdiagnostic and tailored cognitive behavioral therapy for anxiety and depression: a systematic review and meta-analysis of randomized controlled trials. *Cognitive behaviour therapy*, 46(1), 1-28.
58. Balan, R., **Dobrean, A.**, Roman, G. D., & Balazsi, R. (2017). Indirect Effects of Parenting Practices on Internalizing Problems among Adolescents: The Role of Expressive Suppression. *Journal of Child and Family Studies*, 26(1), 40-47.
59. Păsărelu, C. R., **Dobrean, A.**, Balazsi, R., Predescu, E., Şipos, R., & Lupu, V. (2017). The Penn State Worry Questionnaire for Children: Age, Gender and Clinical Invariance. *Child Psychiatry & Human Development*, 48(3), 359-369.
60. Pasarelu, C. R., **Dobrean, A.**, Balazsi, R., Podina, I. R., & Mogoase, C. (2017). INTERPRETATION BIASES IN THE INTERGENERATIONAL TRANSMISSION OF WORRY: A PATH ANALYSIS. *Journal of Evidence-Based Psychotherapies*, 17(1), 31.
61. Sucala, M., Cuijpers, P., Muench, F., Cardoso, R., Soflau, R., **Dobrean, A.**, ... & David, D. (2017). Anxiety: There is an app for that. A systematic review of anxiety apps. *Depression and anxiety*.

2016

62. Pasarelu, C., **Dobrean, A.**, Balazsi, R., Lupu, V., Predescu, E., Sipos, R., (2016). The Penn State Worry Questionnaire for Children: Age, Gender Clinical Invariance. *Child Psychiatry and Human Development*.
63. Podina, I. R., Mogoase, C., David, D., Szentagotai, A., & **Dobrean, A.** (2016). A Meta-Analysis on the Efficacy of Technology Mediated CBT for Anxious Children and Adolescents. *Journal of Rational-Emotive & Cognitive-Behavior Therapy*, 34(1), 31-50.
64. Iliescu, D., Ilie, A., Ispas, D., **Dobrean, A.**, & Clinciu, A. I. (2016). Sex differences in intelligence: A multi-measure approach using nationally representative samples from Romania. *Intelligence*, 58, 54-61.

2015

65. Burt, S. A., Rescorla, L. A., Achenbach, T. M., Ivanova, M. Y., Almqvist, F., Begovac, I., **Dobrean, A.**... & Döpfner, M. (2015). The association between aggressive and non-aggressive antisocial problems as measured with the Achenbach System of Empirically Based Assessment: A study of 27,861 parent-adolescent dyads from 25 societies. *Personality and Individual Differences*, 85, 86-92.
66. **Dobrean, A.**, & Matu, S. (2015). Internationally Active, Visible, High Impact, and Eminent Romanian Psychologists. a Quantitative Analysis. *Journal of Evidence-Based Psychotherapies*, 15(1), 135.
67. Ivanova, M. Y., Achenbach, T. M., Rescorla, L. A., Turner, L. V., Ahmeti-Pronaj, A., Au, A., **Dobrean, A.** ... & Csemy, L. (2015). Syndromes of self-reported psychopathology for ages 18-59 in 29 societies. *Journal of psychopathology and behavioral assessment*, 37(2), 171-183.
68. Szentagotai-Tătar, A., Chiş, A., Vulturar, R., **Dobrean, A.**, Căndea, D. M., & Miu, A. C. (2015). Shame and Guilt-Proneness in Adolescents: Gene-Environment Interactions. *PloS one*, 10(7), e0134716.

2014

69. Butean, I., Costescu, C., & **Dobrean, A.** (2014). Differences between empathic responses in children with autism spectrum disorder and typically developing children. *Journal of Evidence-Based Psychotherapies*, 14(2).
70. David, O. A., David, D., & **Dobrean, A.** (2014). Efficacy of the Rational Positive Parenting Program for Child Externalizing Behavior: Can an Emotion-Regulation Enhanced Cognitive-Behavioral Parent Program Be More Effective Than a Standard One?. *Journal of Evidence-Based Psychotherapies*, 14(2), 159.
71. Miron, M. D., & **Dobrean, A.** (2014). "What is this, which i see?" a preliminary investigation of visual-spatial processing in romanian children with low IQ, learning and reading disorders. *Journal of Evidence-Based Psychotherapies*, 14(1).
72. Rescorla, L. A., Bochicchio, L., Achenbach, T. M., Ivanova, M. Y., Almqvist, F., Begovac, I., **Dobrean, A.**,... & Verhulst, F. C. (2014). Parent-Teacher Agreement on Children's Problems in 21 Societies. *Journal of Clinical Child & Adolescent Psychology*, 43(4), 627-642.
73. 36. Shahini, M., Rescorla, L. A., Ahmeti, A. P., Begovac, I., **Dobrean, A.**, Marković, J., ... & Zukauskienė, R. (2014). Parent-reported behavioural and emotional problems in Albanian Kosovar children. *Epidemiology and Psychiatric Science*, 4, 1-8.

2013

74. Mogoșe, C., Podină, I. R., Sucală, M., & **Dobrean, A.** (2013). Evaluating the unique contribution of irrational beliefs and negative bias interpretations in predicting child anxiety: implications for cognitive bias modification interventions. *Journal of Cognitive and Behavioral Psychotherapies*, (13).
75. Predescu, E., Șipos, R., **Dobrean, A.**, & Micluția, I. (2013). The discriminative power of the cbcl 1.5-5 between autism spectrum disorders and other psychiatric disorders. *Journal of Cognitive & Behavioral Psychotherapies*, 13(1).
76. Podină, I. R., Mogoșe, C., & **Dobrean, A.** (2013). Intergenerational transmission of anxiety: evidence for the mediating role of the negative interpretation bias. *Journal of Cognitive and Behavioral Psychotherapies*, (13), 309-320.
77. Rescorla, L. A., Ginzburg, S., Achenbach, T. M., Ivanova, M. Y., Almqvist, F., Begovac, I., **Dobrean, A.** ... & Verhulst, F. C. (2013). Cross-informant agreement between parent-reported and adolescent self-reported problems in 25 societies. *Journal of Clinical Child & Adolescent Psychology*, 42(2), 262-273.

2012

78. Tulbure, B., Szentagotai, A., **Dobrean, A.**, David, D. (2012). Evidence based clinical assessment of child and adolescent social phobia: A critical review of rating scales. *Child Psychiatry and Human Development*.
79. Rescorla, LA , Achenbach, TM , Ivanova, MY , ; Bilenberg, N , ; Bjarnadottir, G , ; Denner, S ; Dias, P ; **Dobrean, A.** ; Dopfner, M et al. (2012). Behavioral/emotional problems of preschoolers: Caregiver/teacher reports from 15 societies. *Journal of Emotional and Behavioral Disorders*, 20, 1-14.

2011

80. Rescorla, L.A., Achenbach, T.M., Ivanova M.Y., Harder, V.S, Otten L, Bilenberg, N., Bjarnadottir, G., Capron, C., De Pauw S.S., Dias, P., Dobrean A. et. al. (2011). International Comparisons of Behavioral and Emotional Problems in Preschool Children: Parents' Reports From 24 Societies. *Journal of Clinical Child And Adolescent Psychology*. Volume: 40, 3, 456-467.

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Projects Director (research projects)

1. **PN-IV-P1-PCE-2023-1950** – *Online-delivered cognitive-behavioral psychotherapy for social anxiety in adolescents: a personalized intervention based on network analysis* – Project Director: Prof. Dr. Anca Dobrean (2025–2027)
2. **HORIZON-HLTH-2024-STAYHLTH-01-02-two-stage** - Youth hEAlth from a Holistic perspective

- (YEAH). UBB Director: Prof. Dr. Anca Dobrean (2025–2029)
3. **PNRR I8**, Funding Contract no. 760043/23.05.2023, CF code 278/30.11.2022 – *Enhancing cognitive-behavioral therapy by neuroscience: novel approaches to understand treatment response for anxiety and depressive disorders in adolescents*. UBB Responsible: Prof. Dr. Anca Dobrean (2023–2026), Project Director: Kristoffer Månsson.
 4. **PN-III-P4-ID-PCE-2020-2417** – *Mechanisms of victimization in bullying: specific profiles and personalized online psychotherapy* – Project Director: Prof. Dr. Anca Dobrean (2021–2023)
 5. **PN-III-P4-ID-PCE-2016-0861**, Contract no. 146/12.07.2017 – *Testing the effectiveness of an online transdiagnostic REBT intervention for reducing internalizing problems in adolescents* – Project Director: Prof. Dr. Anca Dobrean (2017–2019)
 6. **PN-II-PT-PCCA-2011-3.1-1500**, 81/2012 – *Effectiveness of a web-based platform in the treatment of anxiety in children (iDARE)* – Project Director: Assoc. Prof. Dr. Anca Dobrean (2012–2017)
 7. **Phare Project** – *Parental training for children's hyperkinetic and oppositional-aggressive behavioral problems*. Budget: 73,888 RON.
 8. **CEEX-MEdC (ET)** – *Family predictors of language acquisition and emotional-behavioral problems between 18 months and 6 years of age* (2006–2008)

Member (research projects)

1. **Education for Care – EDUCARE**, 527360-LLP-2012-IT-GRUNDTVIG-GMP (2012–2014) – Project Director: Prof. Dr. Daniel David
2. **Development of Robot-Enhanced Therapy for Children with Autism Spectrum Disorders (DREAM)** (2014–2018) – Project Director: Prof. Dr. Daniel David
3. **CNCSIS** – *Psychological assessment in early childhood* (2002–2004) – Project Director: Assoc. Prof. Dr. Oana Benga
4. **CEEX-MEdC** – *Psychotherapy versus medication in the treatment of ADHD in children aged 6 to 11: a multicenter controlled clinical trial* (2006–2008) – Project Director: Prof. Dr. Daniel David
5. **CEEX-MEdC** – *Correlations between biological markers, clinical characteristics, and therapy in childhood and adolescent depression* (2006–2008) – Project Director: Prof. Dr. Daniel David
6. **Partnerships MedC** – *Implementation of new non-invasive diagnostic methods to optimize perioperative cognitive functioning in the elderly, with implications for quality of life and psychosocial performance* (2007–2010) – Project Director: Dr. Constantin Bodolea, Senior Lecturer
7. **Partnerships MedC** – *Social diagnosis of school performance using the Social Scale of School Success and the design of research-validated intervention methods* (2007–2010) – Project Director: Prof. Dr. Maria Roth
8. **CNCSIS** – *Facilitating inclusive education through the validation of a cognitive and behavioral development program for students with special educational needs (SEN)* (2007–2010) – Project Director: Lecturer Dr. Szidonia Kiss
9. **PN-II-42-141** – *The role of cognitive-behavioral psychotherapy in periodontal surgical treatment: a controlled clinical trial (PSIDENT)* (2008–2011) – Project Director: Prof. Dr. Daniel David
10. **Capacities** – *PsyHighTech: A multifunctional virtual reality psychotherapy platform* (2008–2009) – Project Director: Prof. Dr. Daniel David
11. **PN-II-41-040** – *Development of new prevention and intervention methods for critical ischemia due to atherosclerosis of the lower limbs* (2007–2010) – Coordinator: Prof. Dr. Daniel David
12. **PN-II-PCCA** – *Implementation of new non-invasive diagnostic methods to optimize perioperative cognitive functioning in the elderly, with implications for quality of life and psychosocial performance* (2007–2010) – Coordinator: Prof. Dr. Daniel David
13. **Capacities** – *A Virtual Reality Psychotherapy Platform* (2007–2009) – Project Director: Prof. Dr. Daniel David
14. **REThink** – *A scientifically validated online therapeutic game for promoting mental health in children and adolescents* (2014–2017) – Project Director: Assoc. Prof. Dr. Oana David
15. **ActiveCORE** – *Promoting active aging: a computerized platform for cognitive training and rehabilitation* (2013–2017) – Project Director: Prof. Dr. Aurora Szentagotai
16. **PN-III-P4-ID-PCE-2016-0864**, Contract no. 137/2017 – *Shame and guilt in borderline personality disorder: an emotion regulation perspective* (2017–2019) – Project Director: Prof. Dr. Aurora

Szentagotai

17. **Academic Research and Excellence Network STAR – UBB**, Project PN-III-1.2 PFE-CDI-550, Contract no. 21PFE/30.12.2021 (2022–2024) – *Scientific Coordinator of the eHealth/iHealth Center associated with the Academic School of Health* – Project Director: Prof. Dr. Adrian Petrușel
18. **PN-IV-P2-2.1-TE-2023-0894. (2025-2027)**. Optimizing digital parental interventions for ADHD: a network analysis approach. Project Director: Conf. Dr. Costina-Ruxandra Poetar
19. **PN-IV-P6-6.1-CoEx-2024-0139 (2026-2023)**. Mental health in a rapidly changing society: a multilevel approach from genes and molecules to brain networks and psychosocial systems Project Director: Prof. Dr. Andrei Miu

Professor Anca Dobrean, Ph.D
January, 2026